# Thermodynamic neutral density: a new physically-based materially conserved neutral density variable for studying mixing and tracking water masses in the ocean

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#### ABSTRACT

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<sup>6</sup> Thermodynamic neutral density — denoted  $\gamma^T$  — is proposed as a new quasi-neutral and <sup>7</sup> quasi-material density variable superior to Jackett and McDougall (1997) empirical  $\gamma^n$  vari-<sup>8</sup> able.  $\gamma^T$  is the difference between the potential density of the fluid parcel referenced to the <sup>9</sup> pressure it would have in the reference state of minimum potential energy entering Lorenz <sup>10</sup> theory of available potential energy and a correction for pressure that is empirically chosen <sup>11</sup> here to minimise differences between  $\gamma^T$  and  $\gamma^n$  for the WOCE dataset, but which could be <sup>12</sup> physically-based if desired.

Thermodynamic neutral density possesses the following advantages over empirical neutral 13 density: 1) it is fully justified from first principles and has a precise and rigorous mathemat-14 ical definition; 2) its physical basis is the same as that used to rigorously quantify turbulent 15 diapycnal mixing by the turbulent mixing community over the past 20 years; 3) it is materi-16 ally conserved, and therefore more suited to quantifying ocean mixing; 4) it can be computed 17 accurately and efficiently, making it possible in principle to compute it on the fly in numer-18 ical ocean models; 5) density inversions are very rare and confined to very weakly stratified 19 regions, making it suitable as a vertical coordinate for use in isopycnal models. 20

#### <sup>21</sup> 1. Introduction

The problem of how best to construct a density variable suitably corrected for pressure 22 is a longstanding fundamental issue in oceanography whose answer is vital for many key 23 applications ranging from the study of mixing to ocean climate studies. These include but 24 are not limited to: the separation of mixing into "isopycnal" and "diapycnal" components 25 necessary for the construction of rotated diffusion tensors in numerical ocean models (Redi 26 1982; Griffies 2004), the construction of climatological datasets for temperature and salinity 27 devoid of spurious water masses (Lozier et al. 1994), the construction of inverse models of the 28 ocean circulation (Wunsch 1996), the tracking and analysis of water masses (Montgomery 29 1938; Walin 1982), the construction of isopycnal models of the ocean based on generalised 30 coordinate system (Griffies et al. 2000; de Szoeke 2000), the study of the residual circulation 31 (Wolfe 2014), and the parameterisation of meso-scale eddy induced mass fluxes (Gent et al. 32 1995). 33

Physically, it is generally agreed that a suitable density variable  $\gamma$  should possess the 34 desirable dual thermodynamic and dynamic attributes of defining adiabatic surfaces along 35 which fluid parcels experience no net buoyancy force, e.g., McDougall (1987); de Szoeke 36 and Springer (2000); Huang (2014). The first attribute, which is equivalent to material 37 conservation, poses no difficulty as it can always be enforced by requiring  $\gamma$  to be a function of 38 potential temperature  $\theta$  and salinity S only. The second attribute — usually referred to as the 39 neutral property — is problematic, however, as it can only be satisfied in special circumstances 40 not usually encountered in the ocean. To satisfy exact neutrality,  $\nabla \gamma$  would need to be 41 parallel at every point to the local neutral vector  $\mathbf{d} = g[\alpha \nabla \theta - \beta \nabla S] = -(g/\rho)[\nabla \rho - \beta \nabla S]$ 42  $c_s^2 \nabla p$ , where  $\alpha$  and  $\beta$  are the thermal expansion and haline contraction coefficients, g is 43 the acceleration of gravity,  $c_s^2$  is the squared speed of sound,  $\rho$  is in-situ density and p is 44 pressure. To understand why the latter property cannot be satisfied in general, it is useful 45

to decompose  $\nabla \gamma$  into components parallel and orthogonal to **d** as follows:

$$\nabla \gamma = b \left( \nabla \rho - \frac{1}{c_s^2} \nabla p \right) + \mathcal{R} = b \rho (\beta \nabla S - \alpha \nabla \theta) + \mathcal{R} = -\frac{\rho b \mathbf{d}}{g} + \mathcal{R}, \tag{1}$$

where *b* is an integrating factor, and  $\mathcal{R}$  a residual term perpendicular to **d**. Taking the curl of (1) and multiplying the result by **d** gets rid of  $\nabla \gamma$  and yields an equation for the residual  $\mathcal{R}$ , viz.,

$$-\frac{bH}{g} + \rho \mathbf{d} \cdot [\nabla \times \mathcal{R}] = 0, \qquad (2)$$

where the term  $H = \mathbf{d} \cdot (\nabla \times \mathbf{d})$  is the *helicity* of the neutral vector  $\mathbf{d}$ , which shows that 50 exact neutrality can only be achieved when H = 0, a well known result (McDougall 1987; 51 de Szoeke and Springer 2000; Huang 2014), with Eden and Willebrand (1999) discussing 52 some of the conditions necessary for the helicity to vanish. In practice, achieving H = 053 in the ocean would either require the ocean to be at rest — as  $\rho$  would then be a function 54 of pressure p alone — or in absence of density-compensated temperature/salinity variations 55 along surfaces  $\gamma = \text{const}$ , which is equivalent to say that the ocean would then have a well 56 defined temperature/salinity relationship of the form  $\theta = \theta(\gamma)$  and  $S = S(\gamma)$ . In the ocean, 57 however, the existence of density-compensated  $\theta/S$  anomalies conspire with thermobaricity 58 (the pressure dependence of the thermal expansion coefficient) to make H non-zero and 59 hence forbid the construction of exactly neutral density variables. 60

If so, what then are the physical principles determining the degree of non-neutrality that  $\gamma$ 61 should have? In particular, should material conservation be retained, or sacrificed to improve 62 neutrality? For lack of clear physical basis about how to address the above questions, most 63 attempts at constructing density variables so far seem to originate in the concept of potential 64 density. Most likely, this is because in absence of salinity or thermobaricity, potential density 65 referenced to any arbitrary fixed reference pressure  $p_r$  (referred to as  $\sigma_r$ ) would be both 66 materially conserved and neutral. In the ocean, however, the neutrality of potential density 67  $\sigma_r$  deteriorates proportionally to the pressure difference  $p - p_r$  times the thermobaric 68 parameter (McDougall 1987) as one moves away from  $p_r$ . In order to achieve better neutral 69

<sup>70</sup> properties, Lynn and Reid (1968) introduced the concept of patched potential density (PPD), <sup>71</sup> that is, potential density referenced to a piecewise constant reference pressure  $p_r$  depending <sup>72</sup> on the depth range considered, with some studies using up to 10 different reference pressures, <sup>73</sup> e.g., Reid (1994). However, while this makes PPD more neutral than  $\sigma_r$ , this is done at the <sup>74</sup> expenses of continuous behaviour and material conservation, which both break down near <sup>75</sup> the depthd at which the reference pressured change discontinuously.

The unsatisfactory discontinuous character of PPD prompted Jackett and McDougall 76 (1997) (JMD97 thereafter) and de Szoeke and Springer (2000) (SS00 thereafter) to propose 77 empirical neutral density  $\gamma^n$  and orthobaric density respectively as continuous analogues of 78 PPD. The way in which each variable can be regarded as an extension of PPD is somewhat 79 subtle, however. With regard to  $\gamma^n$ , its connection to PPD appears to rely on the assumption 80 that any nonzero angle between  $\nabla(\text{PPD})$  and the local neutral vector **d** would ultimately 81 vanish in the asymptotic limit of an infinite number of reference pressures <sup>1</sup>, thus prompting 82 JMD97 to define  $\gamma^n$  as the density variable minimising the residual  $\mathcal{R}$  in (1) in some sense <sup>2</sup>. 83 In contrast, orthobaric density's connection to PPD appears to stem from the possibility to 84 integrate (1) exactly whenever a well defined  $\theta/S$  relationship exists, thus motivating SS00 85 to define orthobaric density as as the function of in-situ density  $\rho$  and pressure p solving (1) 86 for a  $\theta/S$  relationship that best approximates the present day  $\theta/S$  properties of the ocean. 87

<sup>1</sup>It is important to note that the mathematical validity of the procedure is questionable, since increasing the number of reference pressures towards infinity seems to result in the reference pressure converging towards  $p_r = p_r(z)$  a function of z only. This in turn seems to result in PPD converging towards a form of Boussinesq in-situ density, which is physically unacceptable. This mathematical difficulty seems to have been overlooked so far, yet it is central for making sense of the concept of 'locally referenced potential density', as further discussed in the text.

<sup>2</sup>In JMD97, the minimisation of  $\mathcal{R}$  is not formally defined and appears to be done subjectively through a trial and error procedure, but it could presumably be made more rigorous by defining a minimising cost function

Cost Function = 
$$\int_{V} W(\mathbf{x}) \|\mathcal{R}\|^2 dV,$$
 (3)

for some weighting function  $W(\mathbf{x})$ , similarly as in Eden and Willebrand (1999).

Although orthobaric density appears to be somewhat less neutral than  $\gamma^n$ , e.g., McDougall 88 and Jackett (2005), orthobaric density possesses nevertheless several attractive advantages 89 over  $\gamma^n$ , such as an exact geostrophic streamfunction and well defined formal properties, 90 making it more suited to theoretical studies or as a generalised vertical coordinate, e.g., 91 de Szoeke (2000). Neither JMD97 nor SS00 advocates material conservation as essential, 92 yet both McDougall and Jackett (2005) and de Szoeke and Springer (2009) seem to agree 93 that non-material conservation is undesirable; meanwhile, Eden and Willebrand (1999) have 94 advocated that  $\gamma$  should minimise non-neutrality while retaining material conservation, an 95 approach that they illustrated only for the Atlantic ocean case. 96

From a fundamental viewpoint, none of the above approaches is really satisfactory, how-97 ever, for they all rely to varying degrees on ad-hoc assumptions having no clear physical 98 justification. In this paper, we introduce a new quasi-neutral pressure-corrected density 99 variable — called thermodynamic neutral density  $\gamma^T$  — which in contrast to previous ap-100 proaches can entirely be constructed from first physical principles. Moreover, its physical 101 basis is remarkably simple: in order for two fluid parcels to have the same  $\gamma^T$  label (in JMD97) 102 speak), they need to belong to the same density surface in Lorenz reference state, that is, 103 the notional state of rest that can in principle be obtained by means of an adiabatic and 104 isohaline re-arrangement of the actual state, first defined in the theory of available poten-105 tial energy (Lorenz 1955; Tailleux 2013a). Contrary to what is often assumed, e.g., Roquet 106 (2013), Lorenz reference state is well defined even for an ocean with a realistic nonlinear 107 equation of state (Saenz et al. 2015; Hieronymus and Nycander 2015). 108

<sup>109</sup> Specifically, we define  $\gamma^T$  as the difference between Lorenz reference density and an em-<sup>110</sup> pirical pressure correction term. Physically, Lorenz reference density  $\rho(S, \theta, p_r)$  is potential <sup>111</sup> density referenced to Lorenz reference pressure. If the time-dependence of Lorenz reference <sup>112</sup> state is neglected — which is sufficient for the present purposes — Lorenz reference pressure <sup>113</sup>  $p_r = p_r(S, \theta)$  is then materially conserved, e.g., Tailleux (2013b), and so is  $\gamma^T$ . The empirical <sup>114</sup> pressure correction is a function of  $p_r$  only, and can either be constructed from first physical

principles or calibrated to make  $\gamma^T$  traceable to  $\gamma^n$ , which is the approach explored here. 115 Traceability, as defined in Huber et al. (2015), aims to make one quantity behave as much as 116 a given target quantity via some calibration process, in order to facilitate the interpretation 117 of the differences between the two quantities directly in terms of differences in methodolo-118 gies, rather than due to some of the arbitrary choices usually entering the construction of 119 such quantities. The motivation here is that if the procedure succeeds in making  $\gamma^T$  and 120  $\gamma^n$  virtually indistinguishable from each other in most of  $\theta/S$  space or on oceanographic 121 sections, which appears to be the case, one will be able to argue that  $\gamma^n$  might actually 122 represent a previously unrecognised attempt at approximating  $\gamma^{T}$ . The present approach 123 is very different to that previously pursued by SS00 for instance, who did not attempt to 124 make orthobaric density traceable to  $\gamma^n$  (for instance, by constructing it based on a T/S125 relationship that would minimise its differences with  $\gamma^n$ , rather that by minimising some 126 ad-hoc cost function). Although both group of investigators insist that orthobaric density 127 and neutral density should be regarded as distinct concepts, we argue that this can only un-128 ambiguously established by comparing  $\gamma^n$  with a traceable form of orthobaric density, which 129 remains to be done. Indeed, since there is no unique way to construct orthobaric density, 130 the differences discussed by McDougall and Jackett (2005) or de Szoeke and Springer (2009) 131 lack fundamental significance. 132

This paper's original aim was to test JMD97's claim that neutral density is best inter-133 preted as a form of 'locally referenced potential density' (LRPD). Indeed, it would seem that 134 a key underlying assumption of JMD97 is that if  $\gamma^n$  is initialised at some point A to behave 135 as potential density referenced to the local pressure  $p_A$  (as done at JMD97's Pacific reference 136 cast), then  $\gamma^n$  will also behave as potential density referenced to the local pressure  $p_B$  at 137 some distant point B if B is linked to A via a succession of neutral paths, regardless of the 138 distance separating B from A. The refutation of this idea is given in Section 3, and is based 139 on the empirical finding that  $\gamma^n$  appears to behave much more like Lorenz reference density 140 than a LRPD, thus motivating the construction of thermodynamic neutral density  $\gamma^T$  pre-141

sented here. The paper first reviews some theoretical background on quasi-neutral density variables in Section 2, then proceeds on constructing a general form of Patched Potential Density as a preliminary step to the construction of  $\gamma^T$  in Section 3, and concludes with a discussion of some of the implications of the present results in Section 4.

#### <sup>146</sup> 2. Theoretical background

#### 147 a. What physical basis for quasi-neutral pressure-corrected density variables?

The various density variables discussed above tend to rely on distinct physical principles. 148 which it is hence important to review in order to identify which one(s) should be regarded as 149 the most rigorous and likely to provide the most systematic construction. Perhaps the most 150 widely used framework (especially in papers by McDougall and co-authors) is to pose the 151 problem in physical space via Eq. (1). How to obtain the latter from a systematic analysis 152 of the primitive equations is unclear, however, since (1) is defined in terms of *mean* variables, 153 thus suggesting that it is to be obtained from some averaging process, yet possesses no eddy-154 correlation terms. The main alternative, which underlies SS00's construction of orthobaric 155 density, takes as its starting point the evolution equation for density written in the form 156

$$\frac{D\rho}{Dt} - \frac{1}{c_s^2(S,\theta,p)} \frac{Dp}{Dt} = q,$$
(4)

where  $c_s^2$  is the squared speed of sound, while q represents diabatic effects due to irreversible molecular diffusive processes. The left-hand side of (4) defines the differential form  $\delta \varpi =$  $d\rho - c_s^{-2}dp$ , which in general is not perfect and hence not integrable because of the nonzero helicity of the neutral vector; otherwise, it is well accepted that  $\varpi$  would define the most natural choice of quasi-neutral pressure-corrected density variable. Mathematically, this is equivalent to state that the total differential  $d\gamma$  of any mathematically well-defined quasi-neutral density variable  $\gamma$  can at best be written in the form

$$d\gamma = b \underbrace{\left(d\rho - \frac{1}{c_s^2}dp\right)}_{\delta\varpi} + \delta w = -\rho b \left[\alpha d\theta - \beta dS\right] + \delta w, \tag{5}$$

and involves a non-vanishing residual imperfect differential form  $\delta w$ , with b an integrating 164 factor. Eq. (5) seems to be the basis for (1), as it is easily seen that the latter can be obtained 165 from the former upon making the following substitutions  $d\gamma \to \nabla\gamma$ ,  $d\theta \to \nabla\theta$ ,  $dS \to \nabla S$ , 166  $\delta w \to \mathcal{R}/\pi$ , as well as by interpreting S and  $\theta$  as their climatological values rather than their 167 instantaneous ones. The main advantage of (1) is that it defines the problem in standard 168 Euclidean vector space, which makes it easy to define the 'smallness' of the residual  $\mathcal{R}$  or its 169 orthogonality with the neutral vector **d**. In the space of differential forms, however, there is 170 no natural way to define the distance or orthogonality between two differential forms. The 171 mathematical analysis of (5) must therefore proceed differently, and rely on identifying the 172 precise conditions that would make  $\varpi$  an exact differential and hence  $\delta w$  vanish, such as 173 the existence of a well-defined  $\theta/S$  relationship of the form  $\theta = \theta(\gamma)$  and  $S = S(\gamma)$ . Such 174 a discussion, however, is not needed for what follows, and hence beyond the scope of this 175 paper. 176

#### <sup>177</sup> b. Potential density and its generalisation(s)

SS00's orthobaric density represents one possible way to construct a density variable based on (4) or (5), but this is by no means the only possible approach. A different approach, which leads to the concept of potential density as a particular case, consists in integrating (5) by parts as follows:

$$\frac{D\rho}{Dt} - \frac{1}{c_s^2} \frac{Dp}{Dt} = \frac{D}{Dt} \left[ \rho - \int_{p_r}^p \frac{\mathrm{d}p'}{c_s^2(S,\theta,p')} \right]$$
$$\frac{1}{c_s^2(S,\theta,p_r)} \frac{Dp_r}{Dt} + \int_{p_r}^p \rho_{pS} dp' \frac{DS}{Dt} + \int_{p_r}^p \rho_{p\theta} dp' \frac{D\theta}{Dt}.$$
(6)

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The quantity within square brackets can be recognised as  $\rho(S, \theta, p_r)$ , that is, the potential density referenced to the reference pressure  $p_r$ . So far, only the cases of a constant or piece-

wise constant reference pressure  $p_r$  appear to have been discussed in the literature, so the 181 novelty here is in extending the discussion to the case where  $p_r = p_r(\mathbf{x})$  is a continuous 182 function of space (time dependence can also be included if desired but discarded here for 183 simplicity). Doing so, however, introduces the additional term  $c_s^{-2}(S, \theta, p_r)\nabla p_r$  in the gradi-184 ent of  $\rho(S, \theta, p_r)$ , as well as the term proportional to  $Dp_r/Dt$  in (6). Unless  $p_r$  can be defined 185 so that  $\nabla p_r$  is aligned or closely aligned with the neutral vector **d**, the potential density thus 186 defined is likely to suffer from the same undesirable compressibility dependence as in-situ 187 density. To make progress, there seems only be two choices: either giving up on the concept 188 of potential density referenced to a continuous reference pressure field altogether, or find a 189 way to correct for the compressibility effects introduced by retaining the spatial variations 190 of  $p_r$ . We explore the second of these choices by subtracting from  $\rho(S, \theta, p_r)$  a density offset 191 of the form  $\sigma_r = \sigma_r(\mathbf{x})$ , which leads to the following density variable 192

$$\gamma = \sigma(S, \theta, p_r(\mathbf{x})) - \sigma_r(\mathbf{x}), \tag{7}$$

where  $\sigma(S, \theta, p) = \rho(S, \theta, p) - 1000 \text{ kg.m}^{-3}$ , while  $p_r(\mathbf{x})$  and  $\sigma_r(\mathbf{x})$  are *a priori* spatially variable reference pressure and density offset fields whose specification is the key focus of this paper. Physically, (7) can be interpreted as a form of potential density referenced to a continuously varying reference pressure field  $p_r(\mathbf{x})$  (the first term), empirically corrected for pressure (the second term).

It is easily seen that (7) includes PPD as a special case for the particular choices  $\sigma_r = 0$ 198 and piecewise constant  $p_r$ , and hence that it represents a continuous analog of PPD. Since 199 JMD97 have made the same claim for  $\gamma^n$ , does that mean that (7) could be a suitable 200 mathematical descriptor of  $\gamma^n$ ? If so, this would be of considerable interest, for one of 201 the main drawback of  $\gamma^n$  is its lack of explicit mathematical expression, which has so far 202 prevented the systematic analysis of its formal properties. As it turns out, the answer is 203 positive, but this is not in fact surprising, as the form of (7) is in fact so general that it is 204 always possible to find a continuous  $p_r(\mathbf{x})$  and  $\sigma_r(\mathbf{x})$  so that  $\gamma(\mathbf{x}) = \gamma^n(\mathbf{x})$  at every point in 205

the ocean <sup>3</sup>. In other words, the possibility of writing  $\gamma^n$  in the form (7) does not in itself shed any light on the problem, unless one is able to further constrain the form of the density offset  $\sigma_r(\mathbf{x})$ . That this is in fact possible is established in next section, which suggests that the density offset can in fact be constrained to be of the form  $\sigma_r(\mathbf{x}) = \sigma_{r1d}(p_r(\mathbf{x}))$ , that is, as a function of  $p_r$  alone, allowing one to rewrite  $\gamma^n$  as

$$\gamma^n = \sigma(S, \theta, p_r(\mathbf{x})) - \sigma_{r1d}(p_r(\mathbf{x})) = \gamma^n(S, \theta, p_r).$$
(8)

If  $\partial \gamma^n / \partial p_r \neq 0$ , the problem of computing  $\gamma^n$  is then equivalent to that of computing  $p_r$ (assuming that  $\sigma_{r1d}(p)$  has been determined in some way, which is discussed below), as it is then possible to compute  $p_r$  from the knowledge of  $\gamma^n$  and conversely. In fact, we hypothesise that all quasi-neutral density variables can be written in the form (8), with differences between different density variables arising from differences in the continuous reference pressure field  $p_r$  they implicitly rely on.

It is useful to note that (8) can also be interpreted as a classical density anomaly

$$\gamma^n = \sigma(S, \theta, p) - \sigma_{r3d}(\mathbf{x}), \tag{9}$$

218 defined relative to some background density field  $\sigma_{r3d}$  related to  $\sigma_{r1d}$  via

$$\sigma_{r3d}(\mathbf{x}) = \sigma_{r1d}(p_r(\mathbf{x})) + \int_{p_r}^p \frac{\mathrm{d}p'}{c_s^2(S,\theta,p')},\tag{10}$$

as it is under the form (9) that JMD97 initialises the vertical profile of  $\gamma^n$  at the central Pacific cast located at  $\mathbf{x}_{pc} = (16^{\circ}S, 188^{\circ}E)$  that is the starting point for their method. At this cast, JMD97 set b = 1 and constrains  $\gamma^n$  to satisfy the following equation exactly

$$\gamma_{\rm ref}^n(z) = \sigma_0(0) + \int_z^0 \frac{\rho N^2}{g} dz.,$$
(11)

which is easily integrated, using the definition of  $N^2 = -(g/\rho)[\partial\sigma/\partial z + \rho g c_s^{-2}]$ , as follows

$$\gamma_{\rm ref}^n(z) = \sigma(S, \theta, p) - \int_z^0 \frac{\rho g}{c_s^2} \mathrm{d}z'.$$
(12)

<sup>3</sup>For instance, take  $p_r = p_0 = \text{constant}$ , and define  $\sigma_r(\mathbf{x}) = \sigma(S(\mathbf{x}), \theta(\mathbf{x}), p_0) - \gamma^n(\mathbf{x})$ .

<sup>223</sup> This implies that at  $\mathbf{x} = \mathbf{x}_{pc}$ ,

$$\sigma_{r3d}(\mathbf{x}_{pc}, z) = \int_{z}^{0} \frac{\rho g}{c_s^2} \mathrm{d}z' > 0, \qquad (13)$$

which in turn imposes a constraint on  $\sigma_{r1d}$  through (10). The question, of course, is how to formulate mathematical equations for determining the reference fields  $p_r(\mathbf{x})$  and density offset  $\sigma_{r3d}(\mathbf{x})$  (or  $\sigma_{r1d}(p)$ ) in practice? This issue is addressed next.

### <sup>227</sup> 3. Physical basis for $p_r(\mathbf{x})$ and connection with Lorenz theory of available potential energy

#### <sup>229</sup> a. Neutral density and generalised patched potential density

In order to test our hypothesis that (7) is a useful mathematical descriptor of  $\gamma^n$ , we need to understand the physical principles governing the continuous reference pressure  $p_r$ and density offset  $\sigma_r$  that enter it. Because as mentioned earlier, the problem appears to be under-determined, we seek insights into the issue by first considering a simpler problem aiming to restrict the range of possible  $p_r$  and  $\sigma_r$  by introducing the following discrete version of (7), called generalised patched potential density (GPPD),

$$\gamma^{GPPD} = \sigma(S, \theta, p_{ijk}) - \sigma_{ijk} \tag{14}$$

where both  $p_{ijk}$  and  $\sigma_{ijk}$  are piecewise constant fields, based on a partition  $V = \bigcup V_{ijk}$  of the 236 total ocean volume, which in principle can be taken to vary in all three spatial directions, 237 even if in what follows a two-dimensional latitude/depth partition  $V_{jk}$  is used for simplicity. 238 Using the  $\gamma^n$  field supplied as part of Gouretski and Koltermann (2004) WOCE dataset, 239 we then seek to compute the 2D fields  $p_{jk}$  and  $\sigma_{jk}$  that minimise the misfit between  $\gamma^n$  and 240  $\gamma^{GPPD}$  for a given partition  $V_{jk}$  of the ocean. This is done here in the particular case of 241 the two-dimensional partition of the ocean volume depicted in the top panel of Fig. 2, with 242  $\Delta z = 500 \,\mathrm{m}$  and  $\Delta y \approx 40^{\circ}$ , using a least-square approach to find the optimal values of  $p_{jk}$ 243

and  $\sigma_{jk}$  in each subdomain. The results are illustrated in the top panels of Figs. 2 and 3 244 respectively; interestingly, they strongly suggest that  $\sigma_{jk}$  is a function of  $p_{jk}$  only, which is 245 confirmed by a standard regression analysis, and which we use as the basis for constraining 246  $\sigma_r$  in (7) be a function of  $p_r$  alone in the rest of the paper. The associated plot for  $\gamma^{\text{GPPD}}$  is 247 given in the top panel of Fig. 1 for the  $30^{\circ}W$  latitude/depth section in the Atlantic ocean, 248 which can be compared with the corresponding section for  $\gamma^n$  in the middle panel. The strong 249 similarity between the two figures is striking, given that the ability of  $\gamma^{\text{GPPD}}$  to reproduce 250 the main features of  $\gamma^n$  is achieved with only  $7 \times 11 = 77$  discrete reference pressures  $p_{ik}$ ; 251 the visual agreement is further confirmed by the scatter plot of  $\gamma^n$  against  $\gamma^{\text{GPPD}}$  depicted 252 in the top panel of Fig. 4, which shows a near perfect correlation between the two quantities 253 (the outliers seemingly originating from somewhat strange values of WOCE  $\gamma^n$  in enclosed 254 seas). An histogram of the differences  $\gamma^{\text{GPPD}} - \gamma^n$  (blue bars in bottom panel of Fig. 4) 255 shows that  $\gamma^{\text{GPPD}}$  approximates  $\gamma^n$  to better than 0.01 kg.m<sup>-3</sup> in most of the ocean, which 256 is remarkable. 257

In addition to provide a crucial constraint on the form of the density offset, the above 258 procedure is also useful for suggesting that the reference pressure 'seen' by  $\gamma^n$  is a function 259 of both depth and latitude. This result is important, because it conflicts with JMD97's 260 claim that  $\gamma^n$  can be interpreted as a continuous analog of PPD (recall that the piecewise 261 constant pressures used by PPD vary only with depth), or that  $\gamma^n$  can be interpreted as 262 a form of 'locally referenced potential density (LRPD)', since some of the  $p_{jk}$ 's appear to 263 occasionally depart significantly from the local box mean pressure. As it turns out, the 264 structure of the  $p_{ik}$ 's is in fact much more reminiscent of that of the reference pressures that 265 fluid parcels would have in their reference state of minimum potential energy that have been 266 recently described in some recent advances in APE theory by Tailleux (2013b) and Saenz 267 et al. (2015). The possibility to use APE theory to provide a physical basis for  $p_r$  is discussed 268 next. 269

#### <sup>270</sup> b. APE theory as a physical basis for $p_r(\mathbf{x})$

Motivated by the results of the previous section, we introduce a new quasi-neutral density variable, called thermodynamic neutral density  $\gamma^T$ , defined as

$$\gamma^{T}(S,\theta) = \sigma(S,\theta, p_{r}^{LZ}(S,\theta)) - \sigma_{r1d}(p_{r}^{LZ}(S,\theta)), \qquad (15)$$

where  $p_r^{LZ}(S,\theta)$  is the reference pressure that a parcel would have if brought in a notional reference state of rest obtained by means of an adiabatic and isohaline re-arrangement of the actual state. As shown recently by Tailleux (2013b) and Saenz et al. (2015), the reference pressure  $p_r^{LZ}$  that fluid parcels would have in Lorenz reference state of minimum potential energy  $\rho_r^{LZ}(z)$  is the solution of the level of neutral buoyancy (LNB) equation

$$\rho(S,\theta,p_r^{LZ}(z_r)) = \rho_r^{LZ}(z_r),\tag{16}$$

where the possible time-dependence of the reference state, e.g., Tailleux (2013a), is neglected for simplicity. Importantly, the LNB equation (16) implies that the reference depth of fluid parcels  $z_r = z_r(S, \theta)$  is a materially conserved quantity; solving (16) at all points in the ocean provides the following explicit construction for the continuous reference pressure field  $p_r(\mathbf{x})$ , namely

$$p_r(\mathbf{x}) = p_r^{LZ}(z_r(S(\mathbf{x}), \theta(\mathbf{x}))).$$
(17)

The reference density profile  $\rho_r^{LZ}(z)$  was estimated for the WOCE dataset following the methodology detailed in Saenz et al. (2015), with an example of the resulting  $p_r(\mathbf{x})$  field at  $30^{\circ}W$  in the Atlantic ocean being illustrated in the bottom panel of Fig. 2).

#### 286 c. Comparison between $\gamma^T$ and $\gamma^n$

In order to compare  $\gamma^T$  with  $\gamma^n$ , one first needs to find a way to define the pressuredependent density offset  $\sigma_{r1d}(p)$ . This was done here by means of a joint pdf analysis of the respective distributions of  $\rho(S, \theta, p_r^{LZ})$  and  $\gamma^n$ , with  $\sigma_{r1d}(p)$  constructed so as to minimise

the misfit between  $\gamma^T$  and  $\gamma^n$ . The distribution for  $\gamma^T$  obtained from such a procedure is 290 depicted in the bottom of Fig. 1 for the same Atlantic ocean section at  $30^{\circ}W$  previously 291 used. Clearly,  $\gamma^T$  appears to capture all the main features of  $\gamma^n$  except in the upper region 292 of the ACC where  $\gamma^T$  displays some inversions not seen in  $\gamma^n$ . At the same time, it seems 293 important to point out that as explained in JMD97, the values of  $\gamma^n$  in the Southern Ocean 294 are not obtained from the actual Levitus data, but from modified ones, an approach that 295 is avoided here. Indeed, JMD97 found it necessary to modify the Levitus data owing to 296 the difficulty of neutrally connecting southern ocean values with values further north with 297 the original Levitus data. It seems plausible, therefore, that this is the main reason for the 298 observed differences between  $\gamma^T$  and  $\gamma^n$  in this region. Apart from this issue, Fig. 4) (top 299 panel) shows that  $\gamma^T$  and  $\gamma^n$  are otherwise extremely well correlated. The bottom panel 300 shows an histogram of the differences between the two variables, which reveal that  $\gamma^T$  does 301 in general better than  $\gamma^{GPPD}$  at approximating  $\gamma^n$ , although it also reveals a few instances 302 of rather large differences between  $\gamma^T$  and  $\gamma^n$  that do not exist for  $\gamma^{GPPD}$ . 303

Another way to compare  $\gamma^T$  and  $\gamma^S$  is directly in  $(\theta, S)$  space. Although  $\gamma^n$  is not mate-304 rially conserved, it is nevertheless possible to write it as a sum of a materially conserved part 305  $\gamma_{material}^{n}(S,\theta)$  plus some residual  $\delta\gamma$ . For the present purposes, we estimated  $\gamma_{material}^{n}(S,\theta)$ 306 as the bin-average of  $\gamma^n$  in  $(\theta, S)$  space, using  $\Delta S = 0.1$  psu and  $\Delta \theta = 0.1^{\circ}C$  for the binning, 307 which is equivalent to defining  $\gamma_{material}^{n}$  as the materially conserved function of  $\theta$  and S that 308 best approximates  $\gamma^n$  in a least-square sense (see also McDougall and Jackett (2005) for an 309 alternative take on the same issue). Fig. 5 top, middle and bottom panels show  $\gamma_{material}^{n}$ , 310  $\gamma^{T}$  and their residual respectively. Remarkably,  $\gamma^{T}$  and  $\gamma^{n}_{material}$  appear to exhibit the same 311 functional dependence on S and  $\theta$  for most of the ocean water masses, suggesting that the 312 non-materiality of  $\gamma^n$  might be the primary cause for the observed differences between  $\gamma^T$ 313 and  $\gamma^n$ , even though the residual  $\gamma^T - \gamma^n$  appears to have a rather complex structure. Since 314 the estimation of the non-materiality of  $\gamma^n$  has proven so far technically complex and contro-315 versial (see de Szoeke and Springer (2009) versus McDougall and Jackett (2005)), the present 316

results are interesting as they might point to a potentially much simpler way to quantify the non-materiality of  $\gamma^n$ , which is beyond the scope of this study.

To conclude this paragraph, it is important to point out that the structure of the differ-319 ences between  $\gamma^T$  and  $\gamma^n$  is somewhat sensitive to the way — by no means unique — that the 320 function  $\sigma_{r1d}(p_r)$  is constructed, and hence that these differences should not be interpreted 321 literally or as being definitive, as there might be alternative ways to construct  $\sigma_{r1d}(p_r)$  that 322 would result in an even better agreement between  $\gamma^n$  and  $\gamma^T$ . On the other hand, it is also 323 important to recognise that rather than constructing  $\sigma_{r1d}(p_r)$  to minimise the differences 324 between  $\gamma^T$  and  $\gamma^n$ , one might prefer to define it based in physical arguments. The most 325 natural approach would be in terms of a globally-defined  $\theta/S$  relationship parameterised in 326 terms of  $p_r$ , that is of the form  $S_r(p_r)$  and  $\theta_r(p_r)$ , which would yield 327

$$\sigma_{r1d}(p_r) = \frac{1}{c_s^2(S_r(p_r), \theta_r(p_r), p_r)}.$$
(18)

This approach, however, is beyond the scope of the present paper, and will be discussed in a subsequent study.

## d. A posteriori rationalisation of the relevance of Lorenz reference state to the theory of quasi-neutral density variables

The strong agreement found between  $\gamma^n$  and  $\gamma^T$  suggests that Lorenz APE theory is 332 key to the theoretical understanding of neutral density variables; can this be rationalised 333 a posteriori? To see that this is indeed the case, it seems sufficient to remark that the 334 construction of neutral density as proposed by JMD97 would be trivial for a resting ocean, as 335 neutral surfaces would then coincide with Lorenz reference density surfaces. Now, if neutral 336 density  $\gamma^n$  had been constrained to be materially conserved, neutral surfaces would still have 337 to coincide with Lorenz reference density surfaces in the actual state, since Lorenz reference 338 density is a materially conserved variable by construction. It follows that differences between 339  $\gamma^n$  surfaces and  $\gamma^T$  surfaces can only come from the non-material conservation of  $\gamma^n$ , which 340

is generally considered to be small, establishing *a posteriori* that  $\gamma^n$  and  $\gamma^T$  should indeed be expected to be strongly correlated. This also establishes *a posteriori* that  $\gamma^T$  should be regarded as the most natural definition of quasi-neutral density if material conservation is retained, which seems essential for studying ocean mixing. QED.

#### <sup>345</sup> 4. Discussion

In this paper, we have revisited the theory of neutral density by establishing that con-346 trary to what is commonly assumed, JMD97's empirical neutral density  $\gamma^n$  does not behave 347 as a locally referenced potential density (LRPD), but as the potential density referenced to 348 its Lorenz reference state pressure. This was established by introducing a new materially-349 conserved neutral density variable — called thermodynamic neutral density  $\gamma^T$  — a function 350 of Lorenz reference density only, which was calibrated to minimise its misfit with  $\gamma^n$ . The 351 close agreement between the two variables, and the fact that they are often virtually in-352 distinguishable from each other when plotted on oceanographic sections or in  $(\theta/S)$  space, 353 suggest that JMD97 neutral surfaces actually represent a previously unrecognised attempt 354 at recovering Lorenz reference density surfaces. 355

This is an important result, for it makes it possible to reconcile the theory of neutral 356 density — which so far has been the basis for thinking about how to define isopycnal and 357 diapycnal directions — with at least two important developments over the past 20 years or so, 358 all pointing to the key role of Lorenz reference state for studying turbulent diapycnal mixing 359 and meso-scale ocean eddies, namely: Winters et al. (1995)'s proposal to use Lorenz reference 360 state to rigorously quantify turbulent diapycnal mixing and Gent et al. (1995)'s proposal to 361 parameterise the effect of meso-scale ocean eddies as net sinks of available potential energy. 362 Moving towards defining isopycnal and diapycnal mixing based on  $\gamma^T$  rather than in terms 363 of  $\gamma^n$  or local neutral tangent planes would help putting the study of ocean mixing on a 364 more rigorous footing that has been the case so far, as APE theory already benefits from a 365

considerable body of literature while currently undergoing rapid and exciting developments. 366 Moreover, it would also allows the study of ocean mixing in terms of a strictly materially 367 conserved quantity, also defining it in terms of a strictly materially conserved quantity, and 368 therefore make it more easily applied to Walin (1982)-type water mass analysis for instance. 369 From a practical viewpoint, there are also considerable advantages in using  $\gamma^T$  in place 370 of  $\gamma^n$ . Indeed, investigators currently willing to use  $\gamma^n$  have no choice but to use the compu-371 tational software made available to the community by JMD97. This software — which most 372 investigators use as a black box — is known to be computationally expensive and restricted 373 to the analysis of present-day climatologies of temperature and salinity (and pre-TEOS10) 374 (which does not stop its use for different kinds of climatology). In contrast, the construction 375 of Lorenz reference state proposed by Saenz et al. (2015) is straightforward and computa-376 tionally cheap, and physically amounts to map water masses volume in thermohaline  $(\theta/S)$ 377 space onto physical space, a much simpler and cleaner approach than sorting previously used 378 by Huang (2005). It therefore does not require integration along characterestics, which is ar-379 guably mathematically ill-suited to the construction of a density variable in the ocean owing 380 to the presence of orographic features and surface boundaries, e.g., Klocker et al. (2009). 381

In conclusion, we believe that the above arguments represent overwhelming evidence that  $\gamma^{T}$  represents the elusive quasi-neutral pressure-corrected density variable that oceanographers have been seeking since Montgomery (1938) pioneering analysis, which we hope to demonstrate further in subsequent studies.

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FIG. 1. (Top) Generalised patched potential density (GPPD) based on the GPPD reference pressure depicted in the top of Fig. 2 and GPPD density offset depicted in Fig. 3 at  $30^{\circ}W$ in the Atlantic ocean. (Middle) Neutral density  $\gamma^n$  at the same longitude. (Bottom) Lorenz neutral density based on the reference pressure depicted in the bottom of Fig. 2.



FIG. 2. (Top) The latitude-depth dependent reference pressure seen by the Generalised Patched Potential Density depicted in the top panel of Fig. 1, as obtained through regression against neutral density in the discrete domains indicated by the grid. (Bottom) The reference pressure associated with Lorenz reference state underlying the Lorenz neutral density depicted in the bottom of Fig. 1.



FIG. 3. (Top) The density offset used in the construction of the GPPD depicted in the top Fig. 1. (Bottom) Scatter plot of the GPPD density offset against the GPPD reference pressure, with the straight line being the best fit linear regression.



FIG. 4. (Top) Scatter plot of Neutral density against GPPD (blue dots) and of neutral density against Lorenz neutral density (red dots), with the magenta line being the straight line of equation y = x. (Bottom) Histogram of the decimal logarithm of the absolute value of the differences between neutral density and GPPD (blue bars) and between neutral density and Lorenz neutral density (red bars).



FIG. 5. (Top) Materially-conserved part of  $\gamma^n$  obtained by bin-averaging  $\gamma^n$  in  $(\theta, S)$  space. (Middle) The quasi-material Lorenz neutral density bin-averaged in the same way as  $\gamma^n$ . (Bottom) difference between the top and middle panels.