

1 CONVECTIVE QUASI-EQUILIBRIUM

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3 The concept of convective quasi–equilibrium (CQE) is a key ingredient in order to un-
4 derstand the role of deep moist convection in the atmosphere. It has been used as a guid-
5 ing principle to develop almost all convective parameterizations and provides a basic the-
6 oretical framework for large–scale tropical dynamics. The CQE concept as originally pro-
7 posed by *Arakawa and Schubert* [1974] is systematically reviewed from wider per-
8 spectives. Various interpretations and extensions of Arakawa and Schubert’s CQE are con-
9 sidered in terms of both a thermodynamic analogy and as a dynamical balance. The ther-
10 modynamic interpretations can be more emphatically embraced as a *homeostasis*. The
11 dynamic balance interpretations can be best understood by analogy with the slow man-
12 ifold. Various criticisms of CQE can be avoided by taking the dynamic balance interpre-
13 tation. Possible limits of CQE are also discussed, including the importance of triggering
14 in many convective situations, as well as the possible self–organized criticality of trop-
15 ical convection. However, the most intriguing aspect of the CQE concept is that, in spite
16 of many observational tests supporting and interpreting it in many different senses, it has
17 never been established in a robust manner based on a systematic analysis of the cloud–
18 work function budget by observations as was originally defined.

1. INTRODUCTION

19 The concept of “equilibrium” is used in various contexts in atmospheric sciences. It
20 may be needless to emphasize at the outset a difficulty in strictly applying the concept
21 in its thermodynamic sense to the climate system: the climate system is always evolving
22 and so is never perfectly in equilibrium. Note that a system is in perfect thermodynamic
23 equilibrium only if it is steady and motionless (see section 2.3 for more). Thus, the concept
24 of equilibrium has only limited applicability in the climate system. In other words, the
25 concept is strictly applicable only under certain approximations or idealized settings. This
26 limitation makes the concept of equilibrium somewhat subtle in the atmospheric sciences.

27 In order to expand its applicability, the concept of a “quasi-equilibrium” is often in-
28 troduced. Probably the best-known example is the *convective quasi-equilibrium* (CQE)
29 originally introduced by *Arakawa and Schubert* [1974]. The concept is especially impor-
30 tant as a key principle for “closing” convection parameterization, as originally proposed
31 by *Arakawa and Schubert* [1974]. A series of review papers by *Emanuel et al.* [1994],
32 *Emanuel* [2000, 2007] furthermore emphasizes its importance for constructing a theory of
33 tropical large-scale circulations. However, the interpretation and range of validity of CQE
34 remains controversial in convection dynamics as well as in tropical meteorology. Thus the
35 present contribution focuses on a critical analysis of the concept itself.

36 Loosely speaking, the notion behind *Arakawa and Schubert’s* [1974] CQE is that con-
37 vection is almost in “equilibrium” with the large-scale, non-convective processes. The
38 main goal of the present review is to re-examine the use of this terminology in the light of
39 the original ideas of equilibrium in both thermodynamics and dynamics. For this reason,
40 we perform a historical review of the concept of equilibrium and related issues. We believe

41 such a historical approach is crucial in order to settle various current confusions concern-
42 ing CQE. Especially, interpretations of CQE have multiplied over the years, and new
43 interpretations continue to be propounded. Unfortunately, authors are not always careful
44 about stating precisely what interpretation is intended when invoking CQE in a particular
45 study. A broad historical context provides the most powerful framework in order to settle
46 such a situation, allowing us to organize and compare the various interpretations.

47 The present review also addresses the extent to which the atmosphere can be treated
48 as being at CQE. This is both a practical and a conceptual issue. The latter aspect is
49 emphasized here, because without clarifying exactly what the question is, we cannot talk
50 about its practical implications. Various related scientific issues as well as methodologies
51 potentially applicable for addressing CQE are considered. The review attempts to be
52 general and abstract, rather than being specific and practical, because our goal is to
53 suggest directions for investigations on CQE for years to come.

54 We begin by examining the concept of thermodynamic equilibrium. In particular, in
55 section 2 the concept is contrasted with that of *balance* in mechanics. The two concepts
56 are closely related but not the same. Thus, a natural question to ask is: which of these do
57 we really invoke in the context of CQE? Section 3 closely examines the concept of CQE
58 in the form originally introduced by *Arakawa and Schubert* [1974]. Section 4 discusses
59 various interpretations of CQE as well as some related concepts. Section 5 examines some
60 of the criticisms of CQE and section 6 discusses various alternative paradigms. The review
61 is concluded in section 7.

2. WHAT IS EQUILIBRIUM?

2.1. Etymology

62 The etymology for “equilibrium” is found in Latin *aequilibrium*, which consists of the
63 two stems, *aequi-* and *libera*, meaning weight and balance, respectively. Thus, etymolog-
64 ically speaking, “equilibrium” suggests *weighted balance*. In this respect, the concept of
65 “equilibrium” is very close to “balance”, but the former implies something more than the
66 latter. However, it is curious to note that French, for example, has only one word *équilibre*
67 for referring to both “equilibrium” and “balance”.

2.2. Thermodynamics and Mechanics

68 Before the advent of quantum mechanics and relativity, classical physics could be di-
69 vided into two distinct disciplines: thermodynamics and mechanics (dynamics). Classical
70 thermodynamics is inherently interested with equilibrium. For this reason, in order to
71 understand what *equilibrium* is, we have first to understand something about thermody-
72 namics.

73 Arguably the most successful application of classical thermodynamics is to the heat
74 engine problem. In this problem a heat engine cycle is defined as progressing through a
75 sequence of equilibrium states, with each transition being necessitated as a response to an
76 external condition that is imposed on the engine. For example, the heat engine may be
77 subjected to an externally-specified temperature which is changed sequentially in discrete
78 steps. On each occasion that the external condition is changed, a new equilibrium state
79 of the system is calculated, the state of interest being that which would be reached after
80 waiting for an indefinitely long time. The sequencing of external conditions is continued
81 in such a way as to progress through a closed cycle of such states. Then the obtained
82 “useful” energy (called “work”) is evaluated, this quantity being the main interest of the
83 heat engine problem.

84 In performing a heat engine calculation, the question of how long it takes to complete
85 the cycle is not considered. How fast one can turn the engine is clearly a question of
86 enormous practical importance, but a classical heat engine problem (such as the Carnot
87 cycle) does not pose the question. In other words, in classical thermodynamics the concept
88 of *time* remains implicit.

89 By contrast, the main interest of classical mechanics is the time evolution of a given
90 system. Perhaps the greatest success of classical mechanics is in explaining the movements
91 of planets and moons in the solar system. The degree of success in such an application is
92 judged by the predictability: for example, precise timings of solar and lunar eclipses.

93 Arguably, the concept of thermodynamic equilibrium as just described is inherently
94 foreign to mechanics, because motion is inherent to mechanics. Notions of equilibrium,
95 however, began to play an important role in the development of mechanics in the 18th
96 century [*Hepburn*, 2007] through a French school, perhaps most notably by d'Alembert,
97 which led to the discovery of a variational principle by Lagrange (*cf.*, section 2.4 below).

98 It seems fair to say that modern meteorology, originating from the Bergen school led by
99 Vihelm Bjerkness in the late 19th century, developed as an outgrowth of classical mechan-
100 ics with its main interest being the prediction of weather. For this reason, one might even
101 argue that the notion of equilibrium is inherently foreign to modern meteorology. How-
102 ever, before we consider that argument, we must first discuss further the thermodynamic
103 notion of equilibrium.

2.3. Equilibrium as a Thermodynamic Concept

104 As an example of a process leading to thermodynamic equilibrium, take two boxes (with
105 the same heat capacity, for simplicity) with two different temperatures, T_1 and T_2 . We

106 bring these two boxes into contact (but with no interactions with the outside world: *i.e.*,
107 we assume that interactions happen only between the boxes). Heat is exchanged between
108 the boxes in affecting a transition towards an equilibrium. More specifically, heat is
109 transferred from the box with higher temperature to the box with lower temperature and
110 the process continues until the temperatures of the two boxes are equal. In this case, the
111 final temperature is the mean, $(T_1 + T_2)/2$, of the original temperatures and the final state
112 is called an equilibrium.

113 The example just given, albeit an extremely simple one, is a typical problem considered
114 in thermodynamics: define an equilibrium thermodynamic state of a system in contact
115 with an external system, under given constraints (*e.g.*, the volume remains constant, and
116 the initial temperatures are given). In the example, one of the boxes is the system of
117 interest, and the other box is an external system.

118 In many cases the external system is considered to be much larger than the system of
119 interest (such as in the heat engine problem). It is sometimes called a *thermal bath* when
120 the temperature is fixed, and in that case the final equilibrium temperature of the system
121 would be the same as the external temperature.

122 *Carnot's Reflections* [1824] are widely recognized as a key foundation of thermodynam-
123 ics, although they had to be more carefully formulated and rescued from obscurity by
124 *Clapeyron* [1834]. Interestingly, *Clapeyron's* article [1834] does not speak of equilibrium
125 although *Carnot* [1824] uses the concept frequently without ever defining quite what he
126 means by it. The closest Clapeyron comes is in the description “an equilibrium consid-
127 ered as destroyed by any cause whatever, by chemical action such as combustion, or by

128 any other.” This, and the broader sense of his article, is certainly consistent with the
129 interpretation given above.

130 Importantly, the thermodynamic equilibrium is always a motionless state, except for an
131 obvious situation such as a uniform translation. From a thermodynamic point of view,
132 dissipation plays a key role when dealing with motion. For example, if a coffee cup is
133 stirred then a rotating flow arises, and persists until dissipated away by friction so that
134 the system recovers a quiescent state of equilibrium. This is distinct from mechanics,
135 which prefers to take a dissipationless limit for describing many motions (more on this in
136 section 2.8). We may even perpetualize motion, for example by imposing a temperature
137 gradient on a given system, either horizontally or vertically. However, from a thermody-
138 namic point of view, this simply forces the system perpetually away from thermodynamic
139 equilibrium.

140 As the discussion just above suggests, application of a thermodynamic equilibrium to
141 any real physical system is necessarily approximate. Therefore, while time invariance
142 of macroscopic properties may be a useful practical description of a system in a state of
143 statistical equilibrium it does not provide an appropriate definition of that state, since the
144 macroscopic properties will undergo fluctuations for any system of finite extent. Rather,
145 in order to define the statistical equilibrium state for a finite system, one may consider
146 that “a system is in a condition of equilibrium when the information one has about it has
147 reached a time-independent minimum” [*Andrews*, 1963, p24]. In such a condition one can
148 derive probability distributions from a variational principle (*cf.*, section 2.4) such that the
149 extent of the fluctuations becomes a known aspect of the equilibrium state. In this way,
150 a time-independence remains inherent to the concept of equilibrium.

151 It is often desirable to try to apply the equilibrium concept without necessarily waiting
152 a very long time for a complete adjustment to a state of time-independence. As discussed
153 by *Landau and Lifshitz* [1980] for instance, complete adjustment can be a particularly
154 awkward restriction of the concept in practice because the time-scale for such adjustment
155 will increase with the system size. It is therefore often necessary to invoke a partial equi-
156 librium in which the probability distributions of observables take functional forms derived
157 from the limit of a complete statistical equilibrium but containing parameters that are
158 considered to change slowly in space and time. The notion of partial equilibrium can also
159 be applied in a local sense, considering that thermodynamic equilibrium is established at
160 any individual macroscopic point, although the system as a whole (such as the climate)
161 never reaches a thermodynamic equilibrium because it is perpetually perturbed by exter-
162 nal forces. The need for such a local equilibrium concept to derive the standard equation
163 set for geophysical flow is made explicit (for example) in Ch. 1 of *Salmon* [1998].

2.4. Variational Principle

164 The main goal of thermodynamics is to describe equilibrium states in as general a man-
165 ner as possible. For this purpose, a variational principle is often invoked, in which the
166 thermodynamic equilibrium is defined by a minimization (or maximization) of a certain
167 thermodynamic quantity (potential). For the example of joining two boxes in the previous
168 subsection, the equilibrium state can be deduced by maximizing the entropy. The text-
169 book by *Kondepudi and Prigogine* [1998] emphasizes the variational principle. A more
170 concise description of the principle can be found, for example, in section 7.4 of *Adkins*
171 [1983], and in chapter 2 of *Chandler* [1987].

172 The strength of the variational principle is that it enables one to determine a thermody-
173 namic equilibrium state in many situations with a few general rules. Due to its generality,
174 this principle can also be applied to many other physical problems. In other words, the
175 concept of equilibrium can be generalized by invoking the variational principle. Indeed,
176 it was a consideration of equilibrium in its broadest sense that led Maupertius, Euler, La-
177 grange and others to introduce the variational principle into classical mechanics [*Hepburn*,
178 2007], contemporaneously with Johann Bernoulli's characterization of static equilibrium
179 through an optimality principle [*Hildebrant and Tromba*, 1996]. Ch. 5 of *Salmon* [1998]
180 reviews applications of the variational principle to geophysical flows.

181 Properties of the convective equilibrium state may also be determined using a variational
182 principle. Although a different approach was taken in their original article, the Boltzmann-
183 like distribution of mass flux per cloud derived by *Craig and Cohen* [2006] can easily
184 be re-derived from a maximum entropy condition, as shown in the Appendix A. We
185 believe that the variational principle can potentially be used also for determining other
186 aspects of atmospheric convective systems, including the mean equilibrium state (e.g.,
187 total convective mass flux). Nevertheless, much investigation is still awaited.

188 However, a major limitation of the variational principle in thermodynamics is that
189 it restricts attention to the most likely state of a given system. In other words, the
190 problem is formulated in such a way that a state of maximum probability is sought, often
191 equated with a state of maximum entropy. In many cases, applications of a variational
192 principle may require an assumption that a large number of ensemble members can be
193 associated with the system of interest. Clearly the maximum entropy principle makes this

194 assumption: only if the ensemble size is large enough can we assume that the most likely
195 state will correspond to actual realizations (*cf.*, section 2.7).

2.5. Why Equilibrium is a Useful Concept

196 The great strength of classical thermodynamics resides in excluding the need for consid-
197 eration of the time evolution of a system by focussing on the final, equilibrium state of a
198 given system under given constraints. Within this framework, even a full initial condition
199 of the system is not important so long as the constraints are well specified. In the above
200 example with the two boxes, it suffices merely to specify the initial temperatures of the
201 boxes, and there is no need to ask further questions, such as the initial positions of the
202 boxes, their volumes, etc.

203 This approach greatly facilitates the computations by focussing only on the final state,
204 and removing the need to consider a complicated initial value problem for the complete
205 evolution. In many practical applications, it is indeed only the final state that is of interest,
206 especially if the given system approaches an equilibrium rapidly. The heat engine problem
207 is a good example for making this point: in many practical engineering applications,
208 a system can be considered to reach equilibrium almost instantaneously whenever an
209 operation is performed. The transient adjustment process is not of interest.

210 The geostrophic adjustment problem originally developed by *Rossby* [1938] can be con-
211 sidered as a similar approach based on this concept of equilibrium. The problem asks
212 for the final state of a flow under a geostrophic constraint, starting from an initial non-
213 geostrophic state (assumed to be a state of rest in *Rossby*'s original problem) with a height
214 anomaly (recall that *Rossby*'s original problem considers a shallow-water system). By in-

215 voking a principle of potential–vorticity conservation, the final state under geostrophy can
216 be determined without solving a complicated initial value problem.

217 Conceptually speaking, a synoptic-scale weather system can be considered to evolve
218 under a continuous sequence of geostrophic adjustments. The process of geostrophic
219 adjustment is fast (say, a few hours) relative to a typical time–scale (say, a day and
220 beyond) of interest in traditional synoptic weather forecasts. Hence there may be no need
221 to consider explicitly the details of the adjustment process. This reasoning essentially
222 leads to the idea of quasi–geostrophy. To some extent, the concept of convective quasi–
223 equilibrium can be interpreted in a similar manner, as discussed later in section 4.6.

224 Nevertheless, a limitation of the “geostrophic adjustment” concept should also be
225 emphasized: it is not necessarily consistent with the cascade point of view based on
226 geostrophic turbulence [Maarten Ambaum, personal communication, 2010]. Certain is-
227 sues beyond this metaphor of reality are discussed in section 4.7.

2.6. Macroscopic and Microscopic Views

228 The macroscopic point of view of thermodynamics may be contrasted with the micro-
229 scopic view from statistical mechanics. A goal of statistical mechanics is, presumably,
230 that of deriving and even of proving the principles of thermodynamics, originally derived
231 in a completely empirical phenomenological manner, from more fundamental principles
232 of atomic theory. Note that we have added the qualifier “presumably” in order to be
233 cautious about this point of view.

234 In contemporary standard physics education, atomic theory is often considered to be
235 more fundamental than macroscopic phenomenologies. Convective quasi–equilibrium can
236 also be interpreted from a perspective of statistical mechanics. For this reason, a review

237 by *Emanuel* [2000] emphasizes the importance of “statistical equilibrium thinking” in
238 order to understand properly convective quasi-equilibrium.

239 However, this perspective has not always been accepted as common wisdom in the
240 history of science. Just recall the philosophical debates between Ernest Mach, Stephan
241 Boltzmann and others a little more than hundred years ago. Mach strongly argued that
242 macroscopic phenomenology is robust enough for establishing the physics without invok-
243 ing a then-speculative atomic theory. Mach’s position almost carried the debate, greatly
244 distressing Boltzmann and possibly contributing to his suicide. The positions taken by
245 Planck are nicely illustrative of the debates. In the preface to his *Treatise on Thermo-*
246 *dynamics* published in 1897 he described “the most fruitful” treatment of the subject as
247 that which “starts direct from a few very general empirical facts” and contrasted it with
248 “essential difficulties ... in the mechanical interpretation of the fundamental principles
249 of Thermodynamics” [*Planck*, 1922, p. viii]. By the time of the second edition in 1905,
250 following the success of his 1901 quantization postulate for black-body radiation, he had
251 somewhat reluctantly adopted a more statistical perspective, arguing that “the full con-
252 tent of the second law can only be understood if we look for its foundations in the known
253 laws of the theory of probability” [*Planck*, 1922, p. x].

254 This historical anecdote suggests that, against contemporary urgings, it may not nec-
255 essarily be a good idea to turn to more “elementary” theories in order to re-establish
256 something already phenomenologically established. A major strength of classical thermo-
257 dynamics is in providing a robust theoretical framework without having to rely on more
258 elementary atomic theory.

259 In the context of atmospheric convection, the use of cloud-resolving models (CRM)
260 is nowadays extremely popular for studying convective systems. However, it is always
261 worth exercising some caution with this major trend, reminding ourselves that while CRM
262 studies might be elementary they are not necessarily fundamental. CRMs themselves
263 contain many uncertainties, especially in the cloud physics. In this respect, CRM studies
264 are not necessarily more robust than a macroscopic phenomenological approach.

2.7. Law of large numbers

265 As just discussed in the last subsection, the advent of statistical mechanics from the
266 1870s led to a link between microscopic dynamics and thermodynamics, and this gave rise
267 to other conceptions of equilibrium. For example, in a standard undergraduate textbook
268 on thermodynamics [*Adkins*, 1983] we find the statement (p7) “equilibrium is itself a
269 macroscopic concept. We may only apply the idea of equilibrium to large bodies, to
270 systems of many particles”. The view of equilibrium as a large-scale statistical concept
271 implies that strictly it holds only in the limit of infinite system size.

272 This argument can be grossly summarized by invoking the “law of large numbers”: sta-
273 tistical expectation values (mean, variance, etc) become increasingly more reliable as the
274 sample size increases. More precisely, the so-called “law of large numbers” in probability
275 theory [*e.g.*, Ch. 10 of *Feller*, 1968] guarantees convergence of the mean for a sequence of
276 mutually independent events to the probabilistic expectation. Furthermore, the central
277 limit theorem guarantees that the fluctuation of this mean value around the expectation
278 value decreases as $\sim N^{-1/2}$ as the sample number N increases. These two mathemati-
279 cal theorems provide an explanation of why macroscopic thermodynamic quantities, such
280 temperature and pressure, can be measured in a stable and reliable manner.

281 Sometimes the same argument is invoked in order to justify convective quasi-
282 equilibrium. A review by *Emanuel* [2000], for example, stresses the separation of con-
283 vective and large scales. Convective processes are of much smaller scales (*ca.*, 1 km) than
284 a typical synoptic scale (*ca.*, 10^3 km). As a result, the number of convective elements (or
285 convective towers more precisely) contained within a typical synoptic-scale disturbance
286 may be substantial, if the elements are not too widely spaced. Thus it is tempting to
287 appeal to the law of large numbers and the central limit theorem.

288 The limitation of this argument must be kept in mind. The number of gas molecules
289 contained in, say, 1 mm^3 volume is more than 10^{16} for standard atmospheric parame-
290 ters (10^3 hPa and 300 K). On the other hand, just for the sake of an estimate, let us
291 assume that a convective tower is found every 10 km in two horizontal directions. Even
292 under this relatively dense situation, we find only 100 convective towers within an area
293 of size $(100 \text{ km})^2$. The convection within such an area may be under equilibrium in a
294 certain sense, but clearly with far more statistical uncertainties than the case of gas in a
295 1 mm^3 volume. Following this argument, *Plant and Craig* [2008] proposed that statistical
296 fluctuations about equilibrium be explicitly taken into account in a stochastic convective
297 parameterization, since such fluctuations may have larger-scale impacts and can also be
298 of interest in their own right [*Ball and Plant*, 2008; *Groenemeijer and Craig*, 2012].

299 It is especially important to keep in mind that the central limit theorem guarantees
300 only a relatively slow convergence towards the statistical expectation with increasing
301 sample size N . A good example for making this point is the population dynamics of
302 a two-species predator–prey system. Phenomenologically, many such systems have an
303 oscillatory evolution, whereas a conventional description based on the number density of

304 each species (Lotka–Volterra equation) gives only a steady state after an initial transient
305 dependency. This apparent dilemma can be resolved by explicitly calculating the evolution
306 of the number of each species as a particular realization of a stochastic process: oscillatory
307 behavior is then revealed [*McKane and Newman*, 2005]. The reason for the discrepancy
308 is traced to a discrepancy between an expectation value (as calculated by the Lotka–
309 Volterra system) and a single actual realization of a stochastic process. The two solutions
310 can be qualitatively different, even if an apparently large system of $\sim 10^3$ individuals is
311 considered, because purely internal noise can induce resonance effects.

312 This study with a biological system emphasizes the need for caution and careful inter-
313 pretation when applying statistical ideas of equilibrium that are based on large samples
314 to real systems, such as a system of convective clouds, which have relatively small popu-
315 lations. We refer to *Solé and Bascompte* [2006] for biological descriptions of population
316 dynamics. In particular, their book includes extensive discussions on *self-organization*,
317 an issue to be discussed later in section 6.3. *van Kampen* [2007] provides more general
318 discussions on probabilistic descriptions of physical (as well as biological) systems of finite
319 extent. Some possibilities for and perspectives on applying explicitly stochastic descrip-
320 tions to convective systems can be found in *Majda and Khowider* [2002], *Plant and Craig*
321 [2008], *Khowider et al.* [2010] and *Plant* [2012].

2.8. Balance as a dynamical concept

322 The closest analogy to thermodynamic equilibrium in classical mechanics may be the
323 concept of stationary or steady solutions. A steady solution occurs if there exists an
324 inertial frame in which all of the particles of a given system remain at rest. The notion
325 can, furthermore, be generalized to a case in which a “mode” of movement of the system

326 does not change with time. For example, a planet rotating around a star along a fixed
 327 orbit with a fixed period, can also be considered to be in a steady state.

328 Steady solutions can be said to be subject to a “balance” condition. Under a perfect
 329 steady state with no motion, all the forces acting on a given particle sum to zero,

$$330 \quad \sum_j \mathbf{F}_j = 0, \quad (2.1)$$

331 where \mathbf{F}_j designates an individual force acting on the particle. In the example of the orbit-
 332 ing planet with steady motions, all of the forces acting on the planet remain perpendicular
 333 to the direction of movement and so are balanced along a given curved coordinate.

334 These *balanced* states are clearly similar to the thermodynamic concept of equilibrium
 335 in the sense that both can be characterized by a certain time invariance. However, the
 336 two concepts carry quite different implications, as illustrated in Fig. 1. Balance does not
 337 necessarily imply stability, although equilibrium implies stability. Balance is simply the
 338 identification a state which may be of interest, with no consideration made of whether
 339 and how that state may actually arise. On the other hand, equilibrium implies that the
 340 given system will arrive at the state of interest (assuming that the external conditions so
 341 allow) after certain transient adjustments.

342 A good example to illustrate the distinction is a standing egg: we can make an egg stand
 343 upright after careful adjustments of its position. However, this state is hardly stable, and
 344 an egg would never reach that position spontaneously. Thus, the state is under balance,
 345 but not in equilibrium.

346 Although convective quasi-equilibrium is most often considered in the context of a
 347 thermodynamic or statistical mechanics interpretation of equilibrium, some discussions
 348 based on the concept of dynamical balance can also found in the literature. An example

349 is *Emanuel's* [2000] discussion on the entropy budget in his section II. However, in the
350 context of convection, we should emphasize the role of dissipation as a major difference
351 between the “balance” concept of classical mechanics and the equilibrium concept of
352 thermodynamics (section 2.3). Clearly convection is subject to dissipation, although its
353 importance may depend on the situation.

354 The concept of dynamical balance can be generalized under the Hamiltonian formulation
355 into various other conservative systems. However, the distinction between conservative
356 and non-conservative systems, or alternatively between non-dissipative and dissipative
357 systems is important in this framework as well: the Hamiltonian formulation is essentially
358 developed for non-dissipative systems.

359 Dissipative behavior requires a more general geometric description such as a metriplec-
360 tic approach reviewed by *Guha* [2007]. Here, recall that a Hamiltonian system can be
361 described in terms of the Poisson bracket [*cf.*, *Goldstein et al.*, 2002]. The basic idea of
362 the metriplectic approach is to include both a Poisson bracket and a symmetric (metric)
363 bracket. Whether such a mathematical structure can also be used to study CQE is an in-
364 triguing possibility. An example application relevant to atmospheric science can be found
365 in *Bihlo* [2010].

3. ARAKAWA AND SCHUBERT'S CONVECTIVE QUASI-EQUILIBRIUM

366 In the previous section we discussed various concepts of equilibrium, all of which have
367 been instrumental in various interpretations of convective quasi-equilibrium (CQE). Be-
368 fore we discuss those interpretations in section 4, we first present the original specification
369 of CQE, as it appeared in *Arakawa and Schubert* [1974].

3.1. The Original Purpose: Closure Problem

370 As in other parameterization problems, a closure is required for convection parame-
371 terization. *Arakawa and Schubert* [1974, AS hereinafter] originally proposed CQE as a
372 closure hypothesis for their development of a convection parameterization based on the
373 mass-flux formulation.

374 The basic idea of the mass flux formulation is to represent convective clouds as an
375 ensemble of plumes, with a one-dimensional steady plume model used to describe the
376 vertical structure of each cloud type. The plume model essentially considers parcel ascent
377 with additional hypotheses on the interactions between in-plume air and the surround-
378 ing environment. These interactions take the form of lateral exchanges of air known as
379 entrainment and detrainment. For a given environment, the plume equations can be in-
380 tegrated vertically to obtain a vertical profile for any physical variable associated with
381 a given cloud type, provided that values of those variables are known at the bottom of
382 the plume. Most variables are assumed equal to the environmental state at the bottom
383 of the plume, which is usually near to the top of the boundary layer. Small “triggering”
384 perturbations may also be applied, to temperature [*Gregory and Rowntree*, 1990] or to
385 vertical velocity [*Kain and Fritsch*, 1990, 1992] for example.

386 Thus, the plume model provides the vertical profile for a convective cloud type within
387 a given environment, but it provides no information about the number of plumes that
388 are present and the intensity of each. The problem of determining those values (*i.e.*, an
389 overall magnitude for the convection) is called the “closure”. In its original form, CQE
390 is simply a diagnostic relationship proposed by AS in order to solve this closure problem.
391 The relationship is a balance condition between large-scale forcing for convection and the

convective activity itself, allowing for determination of the magnitude of parameterized convection. This diagnostic relationship is more precisely described next.

3.2. Formal Definition

The CQE hypothesis is based on a consideration of the energy cycle for the ensemble of convective plumes.

Convection is, by definition, driven by buoyancy, and thus the rate of generation of convective kinetic energy is primarily controlled by two factors: the strength of the convective vertical velocity w_c (or more precisely, the vertical momentum ρw_c) and the buoyancy, b . In order to calculate the generation rate over a synoptic area (or over a model grid box), we also have to pay attention to the fact that convection is not everywhere, but occupies only a fraction, σ_c , of the total area under consideration. Thus, the generation rate of convective kinetic energy defined per unit area is given by

$$\int_{z_B}^{z_T} \sigma_c \rho w_c b dz,$$

where the vertical integral extends from the convection base (z_B) to the convection top (z_T).

By starting from this expression, and by following AS, a potential efficiency of the kinetic-energy generation rate is estimated as:

$$A = \int_{z_B}^{z_T} \hat{w} b dz. \quad (3.1)$$

Here, we have introduced a normalized convective vertical momentum (plume profile) given by

$$\hat{w} \equiv \frac{\sigma_c \rho w_c}{\hat{M}} \quad (3.2)$$

412 with a normalization factor $\hat{M} = \sigma_{c,B} \rho_B w_{c,B}$ which is the rate of vertical mass-transport
 413 (the mass flux). A subscript B has been used to denote the normalization variables,
 414 because these are traditionally defined at the convection base z_B . Note that as a result,
 415 the generation rate of convective kinetic energy is simply given by $\hat{M}A$.

416 Arakawa and Schubert name the quantity A the cloud–work function. In their formula-
 417 tion, the buoyancy b and the plume profile, \hat{w} , are defined in terms of an entraining plume
 418 model, but this is not essential at all in order to understand the cloud–work function, as
 419 emphasized by *Yano et al.* [2005]. The cloud–work function can be evaluated once the
 420 profiles b and \hat{w} are defined from any convective cloud model, even one without any explicit
 421 notion of entrainment or detrainment. In order to distinguish the generalized quantity
 422 in Eq. (3.1) from the cloud–work function defined by *Arakawa and Schubert* [1974] in a
 423 more narrow sense, we call the generalization the potential energy convertibility (PEC) as
 424 suggested by its relationship with the energy cycle. It is also convenient to introduce at
 425 this point the quantity CAPE (convective available potential energy) which is frequently
 426 used in the literature and is a special case of Eq. (3.1) for a “forced” ascent that maintains
 427 a constant lifting rate, $\hat{w} = 1$, without any mass exchange with the environment.

428 The discussion so far has considered a single cloud type only, but by following the
 429 original formulation of *Arakawa and Schubert* [1974], we now generalize to an ensemble
 430 of convective clouds (e.g., entraining plumes with different entrainment rates) with λ
 431 labelling a cloud type. Proceeding directly from its definition in Eq. (3.1) the time
 432 evolution of PEC for each type can be computed given the cloud model (as in Appendix B
 433 of AS for example) and the result can be expressed in the following general form

$$434 \quad \frac{d}{dt} A_\lambda = F_{L,\lambda} - D_{c,\lambda} \quad (3.3)$$

435 where $F_{L,\lambda}$ is the rate at which A_λ is generated by large-scale processes, and $D_{c,\lambda}$ is the
 436 rate at which A_λ is consumed by convective processes.

437 We shall discuss the concept of a scale separation in section 5.2, but it may be worth
 438 stressing at this point how the distinction arises between large-scale and convective pro-
 439 cesses in Eq. (3.3). Terms appearing on the right-hand side of the equation can be grouped
 440 into those which are independent of the cloud-base convective mass-flux (*i.e.*, $F_{L,\lambda}$) and
 441 those which are proportional to it (*i.e.*, $D_{c,\lambda}$: *Plant* [2010]). The scale on which various
 442 physical processes might act is therefore not of immediate relevance to the derivation and
 443 the structural form of this particular equation, which we emphasize is derived directly
 444 from the definition of A_λ and from any cloud model. Rather it is in the interpretation
 445 and application of the equation that notions of scale arise.

446 In practice the two most important forcing processes in $F_{L,\lambda}$ are radiative cooling and the
 447 adiabatic cooling of the environment associated with large-scale ascent, although surface
 448 fluxes will also contribute. The most important convective process contributing to $D_{c,\lambda}$ is
 449 latent heating associated with condensation of water. Phenomenologically speaking, the
 450 condensation process is to a good extent balanced by the adiabatic cooling associated with
 451 convective vertical motions, and thus the PEC consumption rate $D_{c,\lambda}$ due to a cloud type
 452 λ becomes proportional to the mass flux for the given cloud type. Noting also that all of
 453 the cloud types are able to reduce the PEC for other cloud types in a similar manner, we
 454 find that the consumption rate takes the form

$$455 \quad D_{c,\lambda} = \sum_{\lambda'} \mathcal{K}_{\lambda\lambda'} \hat{M}_{\lambda'} \quad (3.4)$$

456 where $\mathcal{K}_{\lambda\lambda'}$ is the rate at which each unit of cloud-base mass flux for the cloud type λ'
 457 contributes to the reduction of A_λ . The idea is schematically summarized in Fig. 2.

458 Arakawa and Schubert’s CQE hypothesis is formally obtained by assuming a stationary
 459 solution to the above tendency equation (3.3): *i.e.*,

$$460 \quad F_{L,\lambda} - D_{c,\lambda} = 0. \quad (3.5)$$

3.3. What is the use of CQE?

461 In order to understand the purpose of imposing the condition (3.5), we have to under-
 462 stand slightly better the structure of Arakawa and Schubert’s closure problem. A key
 463 variable required by the parameterization is the convective mass flux $M_\lambda = \hat{M}_\lambda \hat{w}_\lambda$ for
 464 each cloud type. Once these mass fluxes are known, all of the convective feedbacks to
 465 the parent model which must be determined by the parameterization can be evaluated
 466 in a more or less straightforward manner. However, we should add the caveat that a
 467 satisfactory treatment of cloud microphysical processes at convective scales is far from
 468 straightforward [*cf.*, Donner, 1993].

469 The mass flux is factorized into two parts as defined by Eq. (3.2): its normalized
 470 vertical profile \hat{w}_λ , and its amplitude \hat{M}_λ . As discussed in section 3.1, the vertical profile
 471 \hat{w}_λ can be calculated with any preferred cloud model. This procedure is indeed relatively
 472 straightforward in all existing mass–flux parameterizations, because it is assumed that
 473 each cloud type is in a steady state for a given environment. We call this assumption
 474 the steady–plume hypothesis, since the clouds are typically modeled as plumes. Here,
 475 however, we emphasize that the whole formulation is independent of how a set for the
 476 vertical profiles \hat{w}_λ is defined. Thus, the amplitude, \hat{M}_λ , becomes the major undetermined
 477 factor of the convection parameterization.

478 The purpose of Arakawa and Schubert in introducing the condition (3.5: convective
 479 quasi–equilibrium hypothesis) is to determine \hat{M}_λ . Substitution of (3.4) into (3.5) leads

480 to

$$481 \quad \sum_{\lambda'} \mathcal{K}_{\lambda\lambda'} \hat{M}_{\lambda'} = F_{L,\lambda}. \quad (3.6)$$

482 The large-scale forcing $F_{L,\lambda}$ is known from the parent model in which the parameterization
 483 operates, while the matrix $\mathcal{K}_{\lambda\lambda'}$ is known from the cloud model adopted, specifically
 484 the vertical profiles of convective plumes and the thermodynamic state of the detrained
 485 air. Note again that otherwise the details of the cloud model are not at issue in this
 486 formulation. Thus, the convective-cloud strength \hat{M}_{λ} is obtained by inverting the matrix
 487 $\mathcal{K}_{\lambda\lambda'}$.

488 In this manner, Arakawa and Schubert's original CQE (Eq. 3.6) is defined in terms of
 489 the response of convection (left-hand side) to the large-scale forcing (right-hand side): its
 490 analogy with the dynamical balance (Eq. 2.1) is hard to miss. For the sake of promoting
 491 a conceptual understanding of Eq. (3.6), we may further consider that the matrix, $\mathcal{K}_{\lambda,\lambda'}$,
 492 is climatologically given. Under this approximation, Eq. (3.6) literally becomes a linear
 493 problem for determining the convective-cloud strength, \hat{M}_{λ} , from a given large-scale
 494 forcing. However, the formal matrix inversion is hardly trivial, because each convective
 495 type, λ' , projects onto all convective types, λ , in response. For example, deep large-scale
 496 forcing is not necessarily responded to by a deep mode alone but rather by a spectrum of
 497 deep and shallow modes. Issues associated with inversion are further discussed next.

3.4. Problems associated with the inversion method based on Eq. (3.6)

498 Some potential problems can be foreseen in attempting to invert the $\mathcal{K}_{\lambda\lambda'}$ matrix using
 499 Eq. (3.6).

500 i) *Does the inversion solution exist?* An issue here is the numerical stability of the
 501 inversion as well as the question of invertibility when a continuous spectrum of convective

502 cloud modes is considered under a discretization into types. However, the most serious
 503 issue is the constraint that the normalized mass flux, \hat{M}_λ , must be positive (because
 504 it is expected to represent a convective *updraft*), but Eq. (3.6) does not guarantee it.
 505 According to *Lord* [1982] this is not merely an issue of principle but one that poses real
 506 practical difficulties in identifying a solution. However no systematic investigation of this
 507 basic question has been performed since then to the best of our knowledge.

508 ii) *Does the system actually evolve slowly?* Although slowness of the evolution of A_λ ,
 509 as observationally known [*cf.*, Fig. 3: reproduced from Fig. 13 of *Arakawa and Schubert*,
 510 1974], suggests the validity of Eq. (3.5) for estimating \hat{M}_λ , the inverse is not necessarily
 511 true.

512 Note that by replacing a prognostic equation (3.3) by a diagnostic relation (3.5), we lose
 513 the ability to predict PEC, A_λ , directly. Instead its evolution must be diagnosed, based
 514 on the predicted evolution of the thermodynamic fields. The situation is analogous to
 515 the use of hydrostatic balance. Recall that hydrostatic balance is obtained by setting
 516 $Dw/Dt = 0$ in the vertical momentum equation. The vertical velocity w can then be
 517 calculated diagnostically from mass continuity. This does not automatically mean that
 518 the evolution of the vertical velocity so-computed is actually slow. Indeed, the resulting
 519 evolution of vertical velocity could be much more rapid than an evolution that would
 520 support the hydrostatic balance assumption.

521 iii) *Does the system evolve at all under the steady constraint (3.6)?* In contrast to the
 522 previous question, we now ask whether the imposition of Eq. (3.6) might over-constrain
 523 the evolution of temperature and moisture. Consider the case that the large-scale forcing,
 524 $F_{L,\lambda}$, is slowly varying in time. The quasi-equilibrium constraint (3.6) implies that the

525 PEC, A_λ , is stationary with time, and the convective strength, \hat{M}_λ is obtained by assuming
 526 stationarity of a set of PECs. The PEC for each cloud type is defined by a vertical integral,
 527 Eq. (3.1), of a function of temperature and moisture, the function being different for
 528 each type. The stationarity of PEC would therefore suggest that both temperature and
 529 moisture are stationary with time, if enough cloud types with enough functional forms
 530 of the integrand are considered to obey the constraint, and if those functional forms are
 531 a complete basis set. Thus, it is not clear that we still see temporal evolution of the
 532 thermodynamic variables. This is rather a serious issue, because it suggests that the
 533 convective quasi-equilibrium may destroy the predictability of thermodynamic fields (*cf.*,
 534 section 6.1 for a related issue).

535 It should be appreciated that the question is not trivial, again through analogy with the
 536 hydrostatic balance. In that case, although the steadiness of the vertical velocity field
 537 is implied by the balance assumption, the vertical velocity field nonetheless evolves with
 538 time as estimated by mass continuity. Unfortunately, it is not immediately clear whether
 539 an analogous situation occurs for the convective quasi-equilibrium hypothesis or not.

540 iv) *Is the inverted solution stable against a perturbation?* The obtained balanced solu-
 541 tion may turn out to be unstable against any linear perturbation. In that case, in practice,
 542 the system would never stay at convective quasi-equilibrium. This possibility was recently
 543 investigated by *Wagner* [2010, but see also *Plant and Yano, 2011*]. In his case study, it
 544 was found that such an instability occurred about 30% of the time. Note that this issue
 545 has a link to the concept of self-organized criticality, which will be discussed in section 6.3.

546 v) *A choice of spectrum?* The characteristics of the $\mathcal{K}_{\lambda\lambda'}$ matrix depend on the choice
 547 of the spectrum, $\{\hat{w}_\lambda\}$, for convective plumes. *Arakawa and Schubert* [1974] took the

548 entraining plumes as such a set with λ standing for the fractional entrainment rate. How-
 549 ever, the CQE hypothesis (3.5) itself does not depend on the entraining plume hypothesis,
 550 but could be applied to any choice of set, $\{\hat{w}_\lambda\}$, of convective plumes. This generality
 551 is important especially considering the fact that accumulating evidences [*cf.*, *de Rooy*
 552 *et al.*, 2012] suggest that a more complex entrainment–detrainment formulation is re-
 553 quired in order realistically to represent atmospheric convection. The point that Arakawa
 554 and Schubert’s original CQE can be interpreted independent of their specific choice of
 555 entrainment–detrainment hypothesis is hardly overemphasized. Thus, a major challenge
 556 is to identify an appropriate framework for defining a set of convective plumes under a
 557 more general entrainment–detrainment formulation.

3.5. Relaxation and Prognostic Approaches

558 In the face of both practical and conceptual difficulties in inverting Eq. (3.6), various
 559 relaxation approaches have been proposed, using either an iterative minimization proce-
 560 dure for dA_λ/dt or else a prognostic calculation incorporating Eq. (3.3) [*e.g.*, *Moorthi and*
 561 *Suarez*, 1992; *Randall and Pan*, 1993; *Randall et al.*, 1997; *Pan and Randall*, 1998]. Here,
 562 we discuss the physical issues in treating the convective energy cycle prognostically, as
 563 considered by *Randall and Pan* [1993], *Randall et al.* [1997], *Pan and Randall* [1998].

564 Recall that PEC, A_λ , as defined by Eq. (3.1), is a measure of the efficiency with which
 565 convective kinetic energy, K_λ , is generated from potential energy. The actual energy
 566 generation rate is $\hat{M}_\lambda A_\lambda$ as already noted. Denoting by $D_{K,\lambda}$ the dissipation rate of
 567 convective kinetic energy, a prognostic equation for K_λ is given by

$$568 \quad \frac{d}{dt}K_\lambda = \hat{M}_\lambda A_\lambda - D_{K,\lambda}. \quad (3.8)$$

569 The set of equations (3.3) and (3.8) provides a description for an energy cycle of a
 570 convective system. According to Eq. (3.8), PEC generates convective kinetic energy.
 571 Increased kinetic energy would be expected to be associated with an increase of convective
 572 mass flux, \hat{M}_λ , which modifies A_λ by Eq. (3.3). The system can be closed by assuming a
 573 functional relationship between K_λ and \hat{M}_λ , as well as an expression for the dissipation
 574 rate $D_{K,\lambda}$.

575 Details of those assumptions may be important at a conceptual as well as a practical
 576 level. This can most easily be seen from a comparison of the systems proposed by *Randall*
 577 *and Pan* [1993] and *Yano and Plant* [2012a, b] which have different stability characteristics
 578 for departures from the equilibrium state (recall the question iv) above).

579 However, leaving such details aside here, an important aspect indicated by Eq. (3.8)
 580 is the possibility for another type of convective quasi-equilibrium by assuming a steady
 581 state for this equation, *i.e.*,

$$582 \quad \hat{M}_\lambda A_\lambda - D_{K,\lambda} = 0 \quad (3.9)$$

583 This condition is called kinetic-energy quasi-equilibrium by *Lord and Arakawa* [1980] in
 584 contrast to the cloud-work function quasi-equilibrium defined by Eq. (3.5). Physical
 585 interpretations for Eq. (3.9) can be developed in a similar manner as for the original
 586 quasi-equilibrium hypothesis.

3.6. Operational implementation of CAPE closure

587 The majority of current convection parameterizations used in operational models take
 588 a bulk approach, in which only a single convective mode is considered, rather than a
 589 spectral approach as introduced by *Arakawa and Schubert* [1974], and as also discussed
 590 so far. *Plant* [2010] discusses the assumptions required in order to reduce a spectral

591 formulation to a bulk one. Although various approaches to the formulation of CQE could
 592 be taken in making the reduction, in practice most bulk parameterizations consider a
 593 formulation based on replacing PEC (cloud work function) with CAPE.

594 We noted in section 3.2 that CAPE is a particular limiting case of PEC, and as such
 595 its evolution equation can immediately be written analogously to Eq. (3.3):

$$596 \quad \frac{d}{dt}CAPE = \left. \frac{dCAPE}{dt} \right|_{\text{conv}} + \left. \frac{dCAPE}{dt} \right|_{\text{L}} \quad (3.9)$$

597 Thus, the total CAPE tendency can be divided into the contributions from convective
 598 (subscript conv) and large-scale processes (subscript L). A statement of CQE for the
 599 CAPE budget is therefore

$$600 \quad \left. \frac{dCAPE}{dt} \right|_{\text{conv}} + \left. \frac{dCAPE}{dt} \right|_{\text{L}} = 0. \quad (3.10)$$

601 From a parallel argument as for deriving Eq. (3.4) above, the convective contributions
 602 to the CAPE tendency may be written as

$$603 \quad \left. \frac{dCAPE}{dt} \right|_{\text{conv}} = -\mathcal{K}\hat{M} \quad (3.11)$$

604 where the matrix $\mathcal{K}_{\lambda\lambda'}$ has been reduced to a single coefficient \mathcal{K} which is defined by
 605 both the environmental profile and the normalized vertical profile of the bulk plume.
 606 Substitution of Eq. (3.11) into Eq. (3.10) leads to a closure condition:

$$607 \quad \hat{M} = \frac{1}{\mathcal{K}} \left. \frac{dCAPE}{dt} \right|_{\text{L}}. \quad (3.12)$$

608 The above condition is analogous to the Arakawa and Schubert CQE. However, the
 609 actual CAPE-based closure used in many operational models is defined differently. In
 610 *Zhang and McFarlane* [1995] and *Gregory et al.* [2000], for example, it is assumed that
 611 convection consumes CAPE at a rate that is determined by a characteristic closure time-

612 scale τ_c . Hence,

$$613 \quad \left. \frac{dCAPE}{dt} \right|_{\text{conv}} = -\frac{CAPE}{\tau_c}. \quad (3.13)$$

614 Substitution of Eq. (3.13) into Eq. (3.11) leads to

$$615 \quad \hat{M} = \frac{CAPE}{\tau_c \mathcal{K}} \quad (3.14)$$

616 The formulation (3.13) is inspired by an iterative CAPE-based closure originally intro-
 617 duced by *Fritsch and Chappell* [1980], and adopted by *Kain and Fritsch* [1990] and *Bech-*
 618 *told et al.* [2001]. It expresses the action of convection as a relaxation process for CAPE.
 619 We discuss this and other relaxation ideas more fully in section 4.5.

620 Notice that in order for the closure (3.14) to be equivalent to the CQE closure condition
 621 (3.10), the large-scale forcing must satisfy the condition

$$622 \quad \left. \frac{dCAPE}{dt} \right|_{\text{L}} = \frac{CAPE}{\tau_c} \quad (3.15)$$

623 or else the relaxation time-scale, τ_c , would have to be defined in such a manner that
 624 Eq. (3.15) is satisfied at every time step.

3.7. Concluding Remarks

625 In this section, we have examined *Arakawa and Schubert's* [1974] original formulation
 626 for convective quasi-equilibrium (CQE) in some detail. This is because, apart from its own
 627 importance, in our opinion their original formulation still provides the most solid basis
 628 for examining the CQE concept even today. Various other forms and interpretations for
 629 CQE have been proposed, as will be discussed in the next section, but frequently lack
 630 the simplicity and clarity of *Arakawa and Schubert's* [1974] original formulation in terms
 631 of the cloud work function budget. Further studies of the limitations of CQE and on

632 alternative perspectives, as will be discussed in remainder of the paper, would also be
633 best conducted using their framework.

634 Another reason for this emphasis is because their original CQE proposal is surprisingly
635 little examined in its original form. The cloud work function based on the entraining
636 plume hypothesis can relatively easily be evaluated from any sounding data. However,
637 little such data analysis is reported in the literature. Many of the observational CQE
638 analyses to be discussed in the following sections are based instead on CAPE. Furthermore,
639 various other proxies for convective instabilities can be proposed. For example, a simple
640 quantity intermediate between CAPE and the cloud work function is the dilute CAPE (or
641 entraining CAPE) [e.g. *Zhang et al.*, 2009] which is given by Eq. (3.1) with the buoyancy
642 computed for an entraining plume but the plume profile \hat{w} set to unity.

643 Another possibility arises from *Holloway and Neelin's* [2009] demonstration that the
644 parcel-lifted buoyancy profile (for various different entrainment hypotheses) can be well
645 stratified using column-integrated water vapor (CWV, *cf.*, section 6.3). CWV is an at-
646 tractive quantity to use as it allows much valuable satellite data to be brought to bear,
647 and it is known to exhibit some similar behaviours to the dilute CAPE [*Neelin et al.*,
648 2008; *Shanay et al.*, 2012] but it must nonetheless be recognized that the correspondence
649 of any of the alternative buoyancy-related measures is hardly one-to-one with the cloud
650 work function itself.

651 The usefulness of the undilute parcel hypothesis adopted in the CAPE calculation is also
652 open to question, given that the existence of undilute air in convective plumes has long
653 been debated [see *e.g.*, *de Rooy et al.*, 2012 for a recent review on entrainment issues].
654 Although recent CRM studies have been performed in order to address this question

655 [*Fierro et al.*, 2009, 2012; *Romps and Kuang*, 2010], it has not been widely recognized
656 that an inversion of the CQE equation (3.6) would provide a more direct estimate of the
657 contribution of undilute (or almost undilute) convective plumes to the whole spectrum.

4. INTERPRETATIONS OF CQE

658 In the previous section, Arakawa and Schubert's convective quasi-equilibrium hypothe-
659 sis (3.5) was introduced in terms of the PEC budget equation (3.3). The goal of the present
660 section is to review the subsequent development of interpretations of the hypothesis. The
661 original argument for its physical justification can be found in section 7 of *Arakawa and*
662 *Schubert* [1974]. The discussion of the present section can be considered as an expanded
663 version of that original, incorporating various later comments and re-interpretations.

664 The concept of CQE can perhaps be most simply understood, and is certainly most often
665 interpreted, by analogy with thermodynamic equilibrium (section 4.2). The idealization
666 of a radiative-convective equilibrium can be considered as a starting point (section 4.1)
667 for this perspective. A perspective from statistical mechanics (section 4.3) may provide a
668 more robust basis. In order to justify quasi-equilibrium from the perspective of statistical
669 mechanics, both the law of large numbers and the principle of scale separation become
670 important issues (section 4.4). The scale-separation principle further suggests two other
671 possible interpretations of quasi-equilibrium: as a relaxation process (section 4.5) and as a
672 slow manifold (sections. 4.6 and 4.7). A more specific interpretation can be developed by
673 a lifting parcel argument (section 4.8). Finally, we point out that CQE may be interpreted
674 as part of a wide category of processes called *homeostasis* (section 4.9). The following
675 discussions, as a whole, trace tendencies for both generalizations and re-interpretations
676 of the CQE concept.

4.1. Radiative–convective equilibrium

677 The notion of radiative–convective equilibrium originates from the context of a radiative
 678 transfer calculation within a static one-dimensional atmosphere. Under such conditions,
 679 a stationary solution for the vertical profile of temperature $T(z)$ can be sought, such that

$$680 \quad Q_R = 0,$$

681 where Q_R is the radiative heating rate of the atmosphere.

682 The obtained radiative equilibrium state is typically unrealistic in the sense that the
 683 lapse rate in the troposphere is too steep and even convectively unstable, contradicting
 684 observations. For example, such a super–adiabatic state was found in one of the original
 685 full radiative equilibrium calculations for the atmosphere by *Möller and Manabe* [1961].
 686 Phenomenologically, convection would arise in a situation, and act to adjust the vertical
 687 profile to a stable configuration. Hence, for the problem of radiative equilibrium to be of
 688 practical interest it must be at least minimally modified into the problem of radiative–
 689 convective equilibrium, by adding the effects of moist convection to the above equation:

$$690 \quad Q_R + Q_c = 0.$$

691 Here, Q_c refers not only to diabatic heating (due to latent heating, both by condensation
 692 and freezing of water) but also to vertical transfers of heat associated with convective
 693 motions.

694 *Manabe and Strickler* [1964] introduced a critical lapse rate into their calculations,
 695 adjusting the computed lapse rate to the critical value wherever the former exceeds the
 696 latter. They proposed to call this procedure *convective adjustment*, and to call the profile
 697 so-obtained the *radiative–convective equilibrium* (RCE). Note that under this procedure,

698 the “convective” heating, Q_c , is completely implicit, and the term represents all dynamical
 699 and thermodynamical processes that were neglected in the radiative transfer calculations.

700 Today, the concept of RCE has been rather taken away from this original context, and
 701 often refers to a final state obtained by integrating a CRM for an extensive period, without
 702 imposing any large-scale vertical motion [e.g., *Grabowski, 2003; Cohen and Craig, 2006;*
 703 *Stephens et al., 2008; Parodi and Emanuel, 2009*]. In such applications, the radiative
 704 heating rate may be computed with a complex radiation code that is fully responsive
 705 to the simulated cloud field, but alternatively, it may sometimes be treated in extremely
 706 simplified manner: for example, by imposing a prescribed, fixed tropospheric cooling rate.
 707 In the latter case, the cooling rate is not necessarily typical of the rates in the tropical
 708 atmosphere. Indeed, the purpose of an investigation may be to assess the scaling of
 709 convective properties with the strength of the cooling [e.g., *Shutts and Gray, 1999; Parodi*
 710 *and Emanuel, 2009*].

711 Finally, the problem can be further generalized to the situation in which the given
 712 atmospheric column is no longer static, but is subject to vertical motion. Vertical heat
 713 transport from the column-averaged vertical motion, w , must then be added to the above
 714 equation:

$$715 \quad -w \frac{\partial \theta}{\partial z} + Q_R + Q_c = 0. \quad (4.1)$$

716 Here, θ is the potential temperature, and then the terms Q_R and Q_c must be re-interpreted
 717 in terms of the potential temperature. Such a generalization may include simulations
 718 where w is imposed from the outset [e.g., *Sui et al., 1994*]. Alternatively, w can be
 719 diagnosed based on the assumption that Eq. (4.1) is satisfied at every time step [e.g.,
 720 *Sessions et al., 2010*; also see section 6.1].

721 Note that there is no ambiguity about the above generalizations of the concept of RCE
 722 so long as the system evolves to a configuration that remains perfectly steady with time,
 723 even with a non-vanishing vertical velocity, $w \neq 0$. However, as soon as the system
 724 becomes time evolving, the concept of RCE suddenly becomes subtle, even elusive. The
 725 degree to which RCE is satisfied under time-evolving situations is not an easy question
 726 to answer. However, the basic assertion of CQE is, essentially, that Eq. (4.1) remains a
 727 good approximation even when the system is evolving with time. We return to this issue
 728 in section 6.1.

4.2. Thermodynamic Analogy

729 If a convective system can be treated as analogous to a thermodynamical system then
 730 both Eqs. (3.6) and (4.1) can be justified. For this purpose, we suppose that the con-
 731 vective system constitutes only a small part of the whole “atmospheric system”. More
 732 precisely, we suppose that the given large-scale atmospheric state can be considered as
 733 a fixed external environment to the convective system similarly to a “thermal bath” for
 734 a thermodynamical system. In this manner, the convective system is then slaved to the
 735 given large-scale environment.

736 As a result, if the large-scale state changes (through some suitably slow process), as
 737 described by $F_{L,\lambda}$ in Eq. (3.6) or $F_L \equiv -w(\partial\theta/\partial z) + Q_R$ in Eq. (4.1), then the convective
 738 state is considered to adjust almost immediately (as a fast process) in order to produce
 739 a $D_{L,\lambda}$ or Q_c which satisfies Eq. (3.6) or Eq. (4.1), respectively. This is the same
 740 concept as a heat engine adjusting itself to a new equilibrium as an external condition
 741 (its environment) is modified (*cf.*, section 2.1).

742 It is important to note that cause and effect are clearly distinguished under this ther-
743 modynamic analogy: the large scale is regarded as the cause, and the convective system
744 responds to any changes in the large scale as an effect. This logic is also consistent with
745 the original purpose of the CQE hypothesis as discussed in section 3: to determine the
746 magnitude of convection, \hat{M}_λ or Q_c , given the large-scale forcing.

747 In general, CQE under a thermodynamic analogy as defined by Eq. (4.1) should apply
748 to all vertical levels. However, versions of the quasi-equilibrium hypothesis focussing on
749 particular vertical levels have been proposed. In particular, *Raymond* [1995] proposed that
750 the magnitude of convection over the tropical oceans is governed by quasi-equilibrium of
751 the boundary layer. Note that when the quasi-equilibrium principle given by Eq. (4.1)
752 is applied to the boundary layer, previously-neglected eddy heat transfer effects in the
753 equation become important. Thus, the boundary-layer quasi-equilibrium is essentially
754 established as a balance between heating and moistening by surface fluxes and cooling
755 and drying by convective downdrafts.

756 CAPE budget analyses of sounding data over both the tropics [*Zhang*, 2003] and mid-
757 latitudes [*Zhang*, 2002] have shown that the free troposphere is closer to an equilibrium
758 than the boundary layer. The analysis of *Donner and Phillips* [2003] supported this con-
759 clusion, whilst also demonstrating that a boundary-layer quasi-equilibrium is reasonable
760 on time-scales of around one day or longer. These authors proposed the term parcel-
761 environment quasi-equilibrium to refer to the equilibrium concept as applied to the free
762 troposphere only. In essence, this concept recovers the free tropospheric balance (4.1).

4.3. Statistical Cumulus Dynamics

763 A rigorous justification of the analogy of convective quasi-equilibrium with thermody-
764 namic equilibrium discussed in the last subsection would be “an eventual goal of statistical
765 cumulus dynamics” as stated in *Arakawa and Schubert* [1974]. As foreseen by *Arakawa*
766 *and Schubert* themselves, improvements in cloud-resolving modeling are expected to lead
767 to the development of statistical theories describing ensembles of cumulus clouds. Such
768 theories should reduce to quasi-equilibrium in suitable limits. However, in spite of rapid
769 modeling improvements in recent decades, rigorous theories of statistical cumulus dynam-
770 ics remain in their infancy [*cf.*, *Cohen and Craig*, 2006; *Craig and Cohen*, 2006; *Plant*,
771 2009, 2012; *Davoudi et al.*, 2010; *Khowider et al.*, 2010].

772 Nonetheless, some important ingredients for developing a statistical theory that would
773 support the concept of CQE can easily be pointed out. In particular, we should be
774 able to identify a large enough number of convective “elements” [*i.e.*, convective plumes
775 in the original formulation of *Arakawa and Schubert*, 1974] within a single large-scale
776 domain in order to ensure that the ensemble statistics which might be predicted by the
777 statistical theory would be representative of the modeled domain-mean statistics. In
778 other words, a large-scale, macroscopic state must itself be well defined and must to a
779 good approximation be actually realized in practice. In much of the parameterization
780 literature, the large-scale domain is equated with a grid-box of the parent model, but in
781 practice the size of the large-scale domain must be much larger than a single grid-box in
782 a typical GCM (global circulation model) in order to guarantee a smooth description of
783 large-scale processes as argued by *Lander and Hoskins* [1997], see also *Xu et al.*, 1992;
784 *Cohen and Craig*, 2006; *Shutts and Palmer*, 2007; *Jones and Randall*, 2011]. The law of
785 large numbers discussed in section 2.6 can then support a statistical cumulus dynamics

786 approach. A simple corollary is the need for a clear separation of scales between convective
787 and large-scale processes.

4.4. Scale Separation Principle

788 Partially for the reason discussed in the previous subsection, the notion of scale sep-
789 aration is often invoked in order to justify convective quasi-equilibrium. As discussed
790 in *Gombosi* [1994] or Ch. 1 of *Salmon* [1998] for example, the vast difference in scales
791 between those of interest in typical fluid-mechanics problems and the mean free path
792 between molecular collisions is important in order to justify the statistical thinking that
793 leads to the Navier-Stokes equations. *Emanuel* [2000] draws the analogy with convective
794 scales that are much smaller than those scales of interest in synoptic meteorology, and thus
795 a similar statistical thinking might be justified, although obviously such an approximation
796 must be very much more tentative in the convective case.

797 It may be worth restating in the present context that although scale separations are im-
798 plied both in space and time, the relationship to quasi-equilibrium in the sense described
799 in section 4.2 emphasizes the fundamental importance of a separation in the time-scales.
800 Time-scale separation is not necessarily equivalent to space-scale separation [*cf.*, *Yano*,
801 1999]. Here, the convective time-scale is expected to be much shorter than the time-scales
802 of interest for the evolution of the “large-scale” atmosphere.

803 *Davies et al.* [2009] explicitly demonstrate the importance of time-scale separation in
804 order to establish CQE. They consider a dynamical system consisting of a fixed periodic
805 large-scale forcing and a convective relaxation time-scale. Convection is no longer *slaved*
806 to the large-scale forcing when the forcing period is reduced such that it approaches the

807 relaxation time–scale. The same point has also been demonstrated in analogous CRM
 808 experiments [*Davies et al.*, 2012].

809 The notion of a time–scale separation, while recognizing a non-zero convective time–
 810 scale, leads to the idea of considering convective processes as adjustments towards an
 811 equilibrium state. Due to the time–scale difference, the adjustment is accomplished rela-
 812 tively rapidly. Thus, CQE can be re–interpreted as a fast adjustment process, as proposed
 813 by *Neelin and Yu* [1994]. We further discuss this concept in the next subsection.

814 Overall, one may argue, the system remains on a “slow manifold” due to such rapid
 815 adjustment processes, in the same sense in which geostrophic adjustment maintains mid-
 816 latitude dynamics on a slow manifold. *Emanuel* [2000] concludes his essay by invoking
 817 this notion, which we consider further in section 4.6.

818 Thus, from the point of view of considering quasi–equilibrium as a consequence of time–
 819 scale separation, we are led to two alternative views: moist–convective adjustment and
 820 slow manifold. More generally, there is an extensive literature in applied mathematics for
 821 systems consisting of two distinguishable and well-separated time–scales. It may be that
 822 some of these approaches are under-explored for convective problems, and we refer to the
 823 review by *van Kampen* [1985] for various possibilities.

4.5. Moist Convective Adjustment

824 As suggested in the previous subsection, CQE may be re–interpreted as a “moist ad-
 825 justment” process, the point of view adopted by *Neelin and Yu* [1994] and *Yu and Neelin*
 826 [1994] for example, in their treatment of tropical convective–dynamics interactions [see
 827 also *Neelin*, 1997 as a review]. Several convection parameterizations have been developed
 828 based on the idea of moist convective adjustment. *Manabe et al.* [1965] used a hard adjust-

829 ment in which any convectively unstable atmospheric profile is instantaneously reset to a
830 moist adiabat, in the same spirit as *convective adjustment* in *Manabe and Stricker's* [1964]
831 RCE. The *Kuo* [1974] scheme can be regarded as imposing a soft adjustment over a finite
832 time-scale [*Arakawa*, 2004], but perhaps the most familiar such parameterization to the
833 modern reader is that of *Betts* [1986]. Based on this scheme, full global atmosphere mod-
834 els of intermediate complexity have been developed, known as quasi-equilibrium tropical
835 circulation models [QTCMs: *Neelin and Zeng*, 2000].

836 However, differences between the convective adjustment interpretation of CQE and
837 Arakawa and Schubert's original definition should be noted. First of all, moist-convective
838 adjustment clearly generalizes the notion of CQE. The rapid adjustment towards a target
839 state can be defined with the target specified in terms of any convection-related variables,
840 whereas in Arakawa and Schubert's original formulation the equilibrium is based very
841 specifically upon the budget of the cloud work function.

842 More importantly, however, one should realize that this re-interpretation leads to a
843 qualitatively different formulation to CQE. Arakawa and Schubert's original formulation
844 attempts to define an equilibrium directly without explicitly considering a transitional
845 phase. On the other hand, in the re-interpreted version, the assumed-short, but nonethe-
846 less non-zero time-scale for adjustment is explicitly recognized.

847 In this manner, unlike the original Arakawa and Schubert's CQE, convection is no
848 longer slaved to the large-scale state, but two-way interactions between convection and
849 the large-scale state are established. More precisely, in the formulation of *Neelin and*
850 *Yu* [1994] and *Yu and Neelin* [1994], the large-scale state is adjusted towards a reference
851 profile by convection, with the reference profile itself being dependent on the large-scale

852 state. Note also that the reference moisture profile is defined in terms of the background
853 temperature profile. Convection naturally furthermore modifies the background thermo-
854 dynamic state. Such a modulation effect is considered by *Kuang* [2011] by coupling a
855 cloud-resolving model with self-contained dynamics for large-scale gravity waves, as in-
856 troduced in section 5 of *Yano et al.* [1998]. Here, a slight modification is to replace
857 the temporal tendency of the large-scale vertical velocity with a Reynolds-like damping
858 tendency.

859 Such a two-way interaction approach allows the specification of a vertical profile for
860 tropical flows, as formulated in *Neelin and Yu* [1994] and numerically presented by Fig. 2
861 of *Yu and Neelin* [1994]. The main assumption is that a perturbation thermodynamic
862 profile satisfies a moist adiabat, while the vertical profile for the basic state can remain
863 unspecified. *Holloway and Neelin* [2007] present supporting evidence for this assumption
864 above the boundary layer up to almost the top of convection. Thus, a reference per-
865 turbation temperature can be determined, which is then used in *Neelin and Yu's* [1994]
866 parameterization.

867 However, we must recognize that the “adjustment” interpretation of CQE is different
868 from the interpretation of CQE through a thermodynamic analogy as discussed in sec-
869 tion 4.2. Although this type of Newtonian relaxation description is very convenient for
870 many purposes (such as a Newtonian cooling form for radiation: *e.g.*, *Gill*, [1980]), it is
871 clearly a qualitative description with no obvious correspondence to any approximation of
872 a more physically-based formulation. Indeed the introduction of *Betts* [1986] is careful
873 to make no such claim, stressing instead the operational utility (which is undeniable even

874 today) and that the relaxation “sidesteps all the details of how the subgrid-scale cloud
875 and mesoscale processes maintain the quasi-equilibrium structure we observe”.

876 An indication that the simplest Newtonian relaxation is not in fact an accurate de-
877 scription of the adjustment process is the recent study of *Raymond and Herman* [2011].
878 These authors demonstrate that the relaxation time-scale may be height dependent, and
879 moreover that there may not be a well-defined or unique target profile. Another challenge
880 arises from observations of power-law behaviour (to be discussed in section 5.2 and 6.3)
881 which suggests that a single convective relaxation timescale cannot be well defined as the
882 rate of decay to equilibrium will depend on the initial departure from the equilibrium
883 state [e.g., *Yano et al.*, 2001; section 6 of *Neelin et al.*, 2009; cf., *Yano and Plant*, 2012a].

884 In the Betts–Miller scheme [*Betts*, 1986], the relaxation is performed towards a target
885 profile of temperature and moisture. This leads to a further re-interpretation of CQE as
886 being a means of maintaining the atmosphere close to a reference profile. Over the tropics,
887 intuitively the most likely reference profile would be a moist adiabat, as emphasized by
888 *Emanuel* [2007]. This then leads further to an anticipation that CQE maintains the
889 tropical atmosphere close to a state of convective neutrality, whenever convection is a
890 dominant process. An early application of the reference-state idea can be found in *Lord*
891 *et al.* [1982] (their Eqs. 8 and 9) where convective forcing is evaluated in terms of
892 departures from a set of time-averaged reference values for the cloud work function. *Xu*
893 *and Emanuel* [1989] argue that the convectively-neutral reference state has zero CAPE,
894 for a definition of CAPE based on reversible ascent (*i.e.*, assuming that all condensed
895 water is retained by the lifting air parcel). The analysis of sounding data by *Roff and*
896 *Yano* [2002] shows that such a state of zero reversible CAPE is indeed realized as a time

897 mean over the tropical Western Pacific, but also emphasizes that deviations from the
 898 mean state are substantial over synoptic time-scales.

899 In summary, the moist adjustment re-interpretation of CQE leads to a different per-
 900 spective than the original definition by Arakawa and Schubert. Whilst Arakawa and
 901 Schubert’s original formulation (Eq. 3.5) defines CQE as a response to forcing, the ad-
 902 justment re-interpretation considers CQE as a function of a large-scale state (typically
 903 a thermodynamic vertical profile). The latter obviously has the advantage of intuitive
 904 appeal, especially as further developed into a focus on the concept of “transition to strong
 905 convection” (*cf.*, section 6.6).

4.6. Balance Condition and Slow Manifold

906 An alternative way of interpreting CQE is, as already suggested in section 2.7, merely
 907 as a dynamical balance condition. We believe that the concept of the *slow manifold* best
 908 elaborates this point of view. The slow manifold may be considered a generalization of
 909 quasi-geostrophic flows. However, we should be careful with a subtle difference between
 910 quasi-geostrophy and the slow manifold. Quasi-geostrophy implies an approximate solu-
 911 tion to an exact system (*i.e.*, geostrophy), whereas the slow manifold refers to where in
 912 phase space an exact solution actually resides, albeit after some filtering may have been
 913 applied.

914 The concept of slow manifold was originally proposed by *Leith* [1980], and revisited by
 915 *Lorenz* [1986; see also *Lorenz*, 1992]. An analogy between the ideas of the slow manifold
 916 and quasi-equilibrium was made by *Schubert* [2000]. In his defence, Schubert does not
 917 use the terminology *slow manifold*, but it is easy to infer this concept behind his essay.

918 *Schubert* [2000], more specifically, draws attention to the analogy between Arakawa's
 919 original ideas of quasi-equilibrium and quasi-geostrophic theory: the CQE condition is
 920 considered to filter out the transient adjustment of a convective cloud ensemble in the
 921 same sense that quasi-geostrophic theory filters out transient inertia-gravity waves. By
 922 extending this analogy, the state of CQE may be considered as analogous to the slow
 923 manifold.

924 To illustrate his point, *Schubert* [2000] first considers a linear one-dimensional shallow-
 925 water system with an exponentially-decaying mass source of the form (after appropriate
 926 nondimensionalization):

$$927 \quad \alpha^2 t \exp(-\alpha t).$$

928 The cases of $\alpha \ll 1$ and $\alpha \gg 1$ correspond respectively to slow and fast forcing, and the
 929 time-integrated mass source is normalized to unity by definition. *Schubert* [2000] shows
 930 that provided the forcing time-scale is slow, the inertia-gravity wave mode appears only
 931 at an initial stage of the evolution starting from a stationary initial condition. At later
 932 times, only the geostrophic mode remains. One way to filter out the transient inertia-
 933 gravity waves *a priori* is to introduce a balance condition (his Eq. 15) so that the wave
 934 modes never arise.

935 By the same token, we might consider a balance condition being applied to a convection
 936 parameterization in such a way that fast *convective adjustments* are filtered out from the
 937 model evolution. *Schubert* [2000] argues that this is the original idea behind the CQE
 938 hypothesis. He makes this point more explicitly by analyzing Arakawa's earlier version
 939 of a cumulus parameterization for a four-layer GCM [*Arakawa, 1969*]. Thus, *Schubert's*

940 [2000] perspective invites an interpretation of convective quasi-equilibrium as a type of
 941 balance condition which holds convective dynamics on a slow manifold.

942 In their linear stability analysis of convectively-coupled waves, *Neelin and Yu* [1994],
 943 and *Yu and Neelin* [1994] also emphasize the importance of the distinction between fast
 944 and slow modes. In their formulation with convective adjustment, the fast modes always
 945 damp with the fast convective time-scale, thereby ensuring the maintenance of the equi-
 946 librium defined as a basic state of the model. On the other hand, the slow modes may be
 947 interpreted as explaining aspects of observed convectively-coupled equatorial waves.

948 These perspectives lead to further implications by analogy with the issues encountered
 949 in the original slow-manifold problem as developed by Lorenz and others.

4.7. Slow Manifold and Lighthill's Theorem

950 The main issue encountered with the concept of the slow manifold is whether it is
 951 actually possible to construct a system consisting solely of the slow time-scale processes.
 952 If that is the case, then we can develop a fully self-consistent description of geophysical
 953 flow on a slow manifold. The same question can be asked of the concept of CQE, because
 954 it implicitly assumes that a self-contained description of large-scale flows is possible while
 955 leaving implicit the fast convective-scale processes [*cf.*, *Ooyama*, 1982].

956 A more specific way of addressing this question is to consider a full system initialized
 957 only with slow modes (*i.e.*, the system initially resides on the slow manifold, or alterna-
 958 tively is in a state of convective quasi-equilibrium), and to ask whether the system evolves
 959 in such a way as to remain on the slow manifold (or alternatively to ask whether the CQE
 960 condition remains satisfied). As discussed in the previous subsection through an example
 961 from *Schubert* [2000], the case with a linear system is relatively obvious: so long as the

962 slow and the fast modes are orthogonal in phase space (as is the case for geostrophic and
 963 inertia–gravity modes, *cf.*, *Greenspan* [1968]), the system remains on the slow manifold.
 964 However, once the system becomes nonlinear, the question is far from trivial. Lighthill’s
 965 theorem casts light on this question.

966 In general, *Lighthill’s* [1952, 1954] theorem as re–interpreted by the McIntyre school
 967 [*Ford*, 1994; *Ford et al.*, 2000; and summarized in *McIntyre*, 2000] says that a system
 968 initialized under geostrophic balance (or other balanced condition) will spontaneously
 969 generate gravity waves. The theorem suggests that a slow manifold can exist only in a
 970 limited sense, and that it is not possible to construct a system purely consisting of slow
 971 modes (*i.e.*, geostrophic modes, or Rossby modes).

972 Recent work by *Ring* [2009] illustrates this issue more concretely. Consider an expansion
 973 for some variable A ,

$$974 \quad A = A_0 + \epsilon A_1 + \epsilon^2 A_2 + \dots$$

975 in terms of the expansion parameter ϵ which is a Rossby number. Thus, the expansion
 976 describes systematic departures from geostrophy. Note that *Neelin and Yu* [1994] perform
 977 a similar expansion in their linear stability analysis, taking the convective adjustment
 978 time–scale to be their expansion parameter. In the specific case studied by *Ring* [2009],
 979 the expansion is performed for a shallow–water system on an f -plane. It is shown that
 980 even when a (fast) inertia–gravity mode is absent from the initial state, $A_2(t = 0) = 0$,
 981 nonetheless A_2 grows quickly so that geostrophy breaks down due to the nonlinearity of
 982 the system. At a final stage, the contribution of the inertia–gravity waves reaches 10 %
 983 of the total non–zonal energy of the system. This level of contribution from the inertia–

984 gravity waves is also comparable with an estimate from global data analysis [*Zagar et al.*,
985 2009].

986 A simple extrapolation of the above result into the context of CQE suggests that even a
987 system initialized without explicit convective modes may rapidly and continually develop
988 fast convective modes. In the parameterization context, this implication might seem
989 rather pessimistic because it suggests that it is fundamentally not possible to keep the
990 fast convective processes implicit and completely exclude them from the parameterization.

991 It appears that the absence of the slow manifold *in the strict sense* is already well
992 established in the literature. For this reason, a proposal has been made to replace the
993 original concept of the slow manifold by the *slow quasimanifold*, a system consisting
994 primarily of the slow modes, but allowing for finite departures within a stochastic layer
995 [*Ford et al.*, 2000]. The notion of the quasimanifold is based on an anticipation that
996 the departure is small enough that the system remains within a “fuzzy” zone close to
997 the original manifold. A complementary view of this situation is that there are infinitely
998 many, slightly-different slow manifolds that could be constructed, and that it is their
999 non-uniqueness that leads to the notion of a quasimanifold [*e.g.*, *Cox and Roberts*, 1994].

1000 Applying the analogy to convection suggests that it may be important to take into ac-
1001 count a “fuzzy” zone arising from convective-scale fluctuations that interact more directly
1002 with the large-scale processes in order to formulate CQE in a more robust manner.

1003 In this respect, *Neelin and Zeng’s* [2000] QTCM, mentioned in subsection 4.6, may ar-
1004 guably be considered as a slow manifold formulation for tropical large-scale circulations,
1005 at least in a conceptual sense. In their case, there is no specially-designed filtering pro-
1006 cedure or initialization performed in order to maintain the system on slow manifold, but

rather the fast modes are *effectively* eliminated by the “damping” provided by an adjustment form of the convection parameterization. This construction is almost guaranteed to avoid a problem with Lighthill’s theorem, although gradual leaking from fast modes into slow modes by nonlinear interactions could still be an issue.

For a more general examination of the issue, we suggest that the convective energy–cycle system discussed in section 3.5 might fruitfully be considered under a coupling with large–scale dynamics. An important question to be addressed is iv) in section 3.4: if all linear perturbations around a CQE solution are damping, as is the case with QTCM, the system is almost guaranteed to stay on the slow manifold. However, if some perturbations turn out to be exponentially growing, the slow manifold is no longer a well–defined concept, but at least a “fuzzy” zone away from the strict slow manifold must be considered. The concept of self–organized criticality, to be discussed in section 6.3, would appear to provide a mechanism for establishing a “fuzzy” zone that is relatively narrow.

4.8. Equilibrium Control

Mapes [1997] has proposed an interpretation of CQE that is based on a lifting parcel argument. The interpretation is introduced by means of a contrast with an alternative principle, “activation control”, which will be discussed in section 6.2.

Consider an air parcel which is being lifted upwards within an atmosphere that is conditionally unstable. The parcel first experiences negative buoyancy due to the adiabatic cooling associated with lifting, until it reaches saturation. Latent heating effects may then be sufficient to overcome adiabatic cooling, such that the parcel begins to feel positive buoyancy, and is accelerated upwards.

1028 The initial energy barrier can be measured by the convective inhibition (CIN), a vertical
 1029 integral of the buoyancy over the negative buoyancy zone. Further parcel ascent converts
 1030 potential energy into kinetic energy, by following a downslope of the potential energy. A
 1031 relevant question to ask is whether the generation rate of convective kinetic energy within
 1032 the atmosphere is controlled primarily by “changes in amount of the downhill plunge”
 1033 (equilibrium control) or by “the rate at which parcels are lifted over the activation energy
 1034 barrier (*i.e.*, CIN) by intense small scale lifting processes” (activation control).

1035 *Mapes* [1997] points out that “equilibrium control” lies behind many conceptions for
 1036 deep convection. His section 4.1 lists six historical or observational points that he believes
 1037 have led to the general adoption of the equilibrium control assumption, and he then argues
 1038 that the evidence for equilibrium control is susceptible to other interpretations. One such
 1039 interpretation is discussed in section 5.1.

4.9. Homeostasis

1040 We close this section by introducing a very general concept from a very different disci-
 1041 pline as a well-marked reference point for CQE. *Homeostasis* can be considered a biolog-
 1042 ical counterpart for quasi-equilibrium. It refers to self-regulating processes in biological
 1043 systems that maintain the constancy of properties such as acidity, salinity, and other com-
 1044 positional aspects of the blood, as well as body temperature, against changing external
 1045 conditions. The concept especially refers to the ability of biological systems to maintain
 1046 their stability against external perturbations such as abnormal food in-take or a change of
 1047 external temperature. Etymologically, *homeostasis* consists of the two stems: prefix *homeo*
 1048 means “similar” or “like” in Latin, whereas *stasis* comes from Greek meaning “standstill”.
 1049 Thus, as a whole, the word can be translated as *quasi-equilibrium*.

1050 The concept was originally introduced by a physiologist, *Cannon* [1929, 1932]. In
1051 his own words, “The constant conditions which are maintained in the body might be
1052 termed *equilibra*. That word, however, has come to have fairly exact meaning as applied
1053 to relatively simple physico–chemical states, in closed systems, where known forces are
1054 balanced. The coordinated physiological processes which maintain most of the steady
1055 states in the organism are so complex and so peculiar to living beings — involving, as they
1056 may, the brain and nerves, the heart, lungs, kidneys and spleen, all working cooperatively
1057 — that I have suggested a special designation for these states, *homeostasis*.”

1058 By same token, although atmospheric convection may not be as complex as biological
1059 systems, it is far more complex than “relatively simple physico–chemical states”. Moreover
1060 atmospheric convection is an open system like biological systems. In these respects, it may
1061 be more relevant to call it *convective homeostasis* rather than *convective quasi–equilibrium*.
1062 It may furthermore be worthwhile to recall that the Gaia hypothesis argues that the
1063 atmosphere is in homeostasis with Earth’s biosphere [*Lovelock and Margulis*, 1974]. One
1064 might even speculate that convective homeostasis *may* contribute to homeostasis of the
1065 whole climate system [*cf.*, *Yano et al.*, 2012b].

1066 At a very conceptual level, probably the thermodynamic analogy interpretation of CQE
1067 is the most well aligned with the concept of *homeostasis*, in the sense that it suggests
1068 stability of the system. This concept furthermore makes a very good counterpoint to the
1069 concept of self–organized criticality, which will be discussed in section 6.3.

1070 However, a qualitative difference between *convective homeostasis* and *biological home-*
1071 *ostasis* must be emphasized. In biological systems, homeostasis maintains an internal
1072 state (e.g., constant body temperature) regardless of the external conditions (e.g., how

1073 cold or warm the outside is). On the other hand, convective homeostasis must be envi-
 1074 ronment dependent: the term may be a useful one in referring to a state that is uniquely
 1075 defined by its environment and in which the stability of that state is maintained by its
 1076 own self-regulation.

5. CRITICISMS OF CQE

1077 The two most serious criticisms raised against CQE (or more accurately, against some
 1078 of the interpretations of CQE) are the causality arguments of *Mapes* [1997] and the lack of
 1079 evidence for a clear scale separation. In this section, we will consider those two criticisms
 1080 in turn.

5.1. Cause and Effect?

1081 As discussed above, various interpretations of CQE are based on the thermodynamic
 1082 analogy developed in section 4.2, according to which the convection acts in direct re-
 1083 sponse to an (assumed-known) large-scale forcing in order to maintain a state of quasi-
 1084 equilibrium. Although it must be accepted that convective activity does feedback on
 1085 the forcing (for example, through cloud-radiative interactions) nonetheless the forcing is
 1086 essentially treated as an external constraint imposed on the convective system.

1087 However, the observed smallness of the tendency of CAPE, or the cloud-work function,
 1088 in comparison with the strength of the large-scale forcing, $dA_\lambda/dt \ll F_{L,\lambda}$ (Fig. 3), does
 1089 not in itself say anything about the causality. *Mapes* [1997] points out that the same
 1090 result would be entirely consistent with a complete reversal of the assumed causality.
 1091 That is, instead of convection responding to the large scale, it could rather be that the

1092 large scale is responding to convective processes. The alternative point of view may be
1093 called “heating–response control”.

1094 In order to illustrate the apparent plausibility of this alternative interpretation, Mapes
1095 presented a Gedankenexperiment using a linear shallow–water model with a localized
1096 white–noise forcing. The shallow–water system has a long history as an analogue model
1097 for the tropical atmosphere [e.g., *Gill*, 1980], while the white noise is designed to mimic
1098 random convective heating. Under this analogue model, CAPE is measured by fluctua-
1099 tions in the height of the shallow water. It was shown that the fluctuation of this analogue
1100 of CAPE becomes much smaller than the imposed forcing strength after times equivalent
1101 to a few hours. This happens because thermal anomalies generated by convective heat-
1102 ing are rapidly smoothed out by gravity waves in the tropical atmosphere. As a result,
1103 a smooth temperature field is left behind once the gravity waves have re–adjusted the
1104 atmospheric thermodynamic structure in response to convective heating.

1105 Although this alternative interpretation is fully consistent with Fig. 3, of course it does
1106 not follow that the equilibrium–control picture is necessarily wrong. The actual causality
1107 may be dominated by equilibrium–control, or heating–response control, or more plausibly,
1108 through a genuinely two–way interaction between convection and its environment (*cf.*,
1109 section 4.5). Indeed, as *Mapes* [1997] discussed, a suitable picture may depend on both the
1110 scale and on the phenomena of interest: the equilibrium–control picture has proved fruitful
1111 in seeking to understand aspects of global scale behavior, while at the other extreme, both
1112 observational and model-based case studies of individual convective storms are interested
1113 in exactly where and when a storm occurs and naturally adopt an heating–response control
1114 picture. Perhaps neither picture is truly satisfactory on its own to address other questions

1115 and other phenomena. These arguments seem to imply that a more general framework
1116 is needed: one which reduces to heating–response or equilibrium control in appropriate
1117 limits.

1118 A good first step would be to look for data in which the outcome of very many individ-
1119 ual heating–response controlled events can be shown to produce an equilibrium-control
1120 situation on a much broader scale. It could be fruitful to explore some recent large-
1121 domain, cloud-system resolving model data [e.g., *Shutts and Palmer, 2007; Liu et al.,*
1122 *2009; Holloway et al., 2012*] from this perspective.

1123 An important issue with the experiment of *Mapes* [1997, 1998] is that the interpreta-
1124 tion of the tropical atmosphere as being driven by white–noise convective forcing is not
1125 consistent with observations. A simple application of asymptotic analysis in *Yano et al.*
1126 [2000] shows that in that case the CAPE power spectrum must be proportional to the
1127 square of the frequency. That is not what is observed.

1128 *Yano et al.* [2000] examine various alternatives. Among those, they show that when the
1129 large–scale forcing, F_L , is prescribed as in typical CRM simulations, convection actively
1130 responds in order to maintain the system close to the equilibrium as defined by Eq. (3.6).
1131 Slight deviations from this equilibrium behave as white noise, and as a result CAPE
1132 evolves as a Brownian motion. However, this is not what is observed either. Instead,
1133 the frequency spectrum of CAPE has the form of $1/f$ –noise. This leads to the notion of
1134 self–organized criticality, to be discussed in section 6.3.

1135 More importantly, we should recognize that *Mapes’s* [1997] criticisms raise legitimate
1136 concerns about the validity (certainly about the range of validity) of the thermodynamic–
1137 analogy based interpretation of CQE, but they do not discredit the whole idea of CQE,

1138 especially if it is interpreted as a balance condition (*cf.*, section 4.6). The point of view
1139 of “heating–response control”, *i.e.*, the large–scale dynamics responding to convective
1140 forcing, will be revisited in the context of the “free ride” principle in the discussions of
1141 section 6.1.

5.2. Absence of Scale Separation

1142 A more fundamental obstacle for accepting CQE is the ostensible absence of a clear scale
1143 separation between convection and the large scales. *Yano et al.* [2000] strongly argue that
1144 if CQE is interpreted as convection responding very rapidly to slow large–scale processes,
1145 then we should be able to identify a fast convective adjustment time–scale. It follows that
1146 the CAPE timeseries should qualitatively behave like red noise with a damping time–
1147 scale characterized by a convective scale. However, as noted in the previous subsection,
1148 the observed CAPE timeseries does not exhibit such a damping time–scale, but rather it
1149 has a power–law spectrum.

1150 Although one should be mindful that power–law behavior has undoubtedly been claimed
1151 too readily and too strongly in the scientific literature [*Clauset et al.*, 2009], nonetheless
1152 the ubiquitous presence of power laws and scaling behavior in the atmosphere does raise
1153 a major challenge to interpretations of CQE based on the scale separation principle. Ob-
1154 servations of cloud fractality [*e.g.*, *Lovejoy*, 1982; *Yano and Takeuchi*, 1987] and analyses
1155 of precipitation timeseries [*e.g.*, *Peters et al.*, 2010 and references therein] may be taken
1156 as illustrative of the evidence for power laws in the atmosphere. Extensive recent reviews
1157 on observational evidence for atmospheric fractality have been given by *Tuck* [2008] and
1158 *Lovejoy and Schertzer* [2010].

1159 Very recently, a careful analysis of a characteristic convective time-scale has been con-
 1160 ducted by *Zimmer et al.* [2010]. Their time-scale is measured by

$$1161 \quad \tau \sim \text{CAPE}/P$$

1162 assuming that the precipitation rate P provides a measure of the rate of change of CAPE.
 1163 The precipitation rate is an average value within a 50 km radius and 3 hr window of the
 1164 radiosonde ascent that is used to calculate the CAPE. We have omitted a normalization
 1165 factor from the above definition, which is required to obtain the correct dimensions, but
 1166 obscures the main point. The frequency of occurrence of this time-scale shows a slow
 1167 algebraic decay, approximately following a slope of $\tau^{-1.3}$, over scales of 10^{-1} to 10^4 hr:
 1168 another example of scaling behavior.

1169 However, we must distinguish between the *elusiveness* of the scale separation principle
 1170 in the face of observed scale-free behavior for various aspects of the atmosphere, and the
 1171 very clear usefulness of the scale separation principle. The principle may be *elusive*, but
 1172 it may well be *useful*. Understanding the behavior of an idealized system in a suitable
 1173 limit may of course provide valuable insights into the much more complicated behavior of
 1174 a real system.

1175 In order to illustrate these points, quasi-geostrophic theory again provides a good ex-
 1176 ample. Arguably this theory is also based on a scale separation principle, by singling out
 1177 the scale of the Rossby deformation radius as a characteristic scale for large-scale flow.
 1178 However, observations do not single out this scale as having any particular importance in
 1179 the face of atmospheric scaling behavior. Nonetheless most dynamicists would consider
 1180 that the absence of clear, simple observational support in this sense hardly diminishes the
 1181 usefulness of quasi-geostrophic theory. Singling out a particular scale is clearly “useful”

1182 in deriving the quasi-geostrophic system. Quasi-geostrophic theory is even capable of
 1183 explaining the observed scaling behavior of kinetic energy [*cf.*, Charney, 1971].

1184 By the same token, despite the lack of observational evidence for a single, simple char-
 1185 acteristic convective time-scale, that does not exclude the usefulness of the concept for
 1186 deriving a theoretical principle. The usefulness of the principle must then be judged *a*
 1187 *posteriori* from its applications, such as the performance of parameterizations. Again,
 1188 it should be emphasized that the interpretation of CQE as a balance condition stands
 1189 without invoking a scale separation principle.

1190 The existence of meoscale organization provides a similar objection to the scale separa-
 1191 tion principle from phenomenology. A more basic issue with such organized structures is
 1192 less the use of a quasi-equilibrium hypothesis, but rather the absence of an explicit repre-
 1193 sentation of the structures in convection parameterizations. To the best of our knowledge,
 1194 the only mass-flux parameterization to have included a mesoscale downdraft component
 1195 is that of Donner [1993]. Moncrieff's [1981, 1992] archetype model could be a more for-
 1196 mal answer to this challenge. However, no operational centers seem to have taken this
 1197 proposal seriously to this date.

6. ALTERNATIVE THEORIES

6.1. A Link to the Notion of “Free ride”

1198 Despite the caution expressed towards the end of section 4.1, it turns out that radiative
 1199 convective equilibrium (RCE) as defined by Eq. (4.1) is generally a good approxima-
 1200 tion for large-scale tropical atmospheric processes. Almost any tropical sounding (but
 1201 especially over the oceans) can demonstrate this point, as shown in Fig. 4 for example
 1202 [reproduced from Fig. 1 of Yano, 2001]. It summarizes the relationship for very many

1203 soundings from the TOGA-COARE (Tropical Ocean Global Atmosphere–Coupled Ocean-
 1204 Atmosphere Response Experiment) campaign. *Charney’s* [1963] adiabatic scale analysis
 1205 essentially demonstrates this point [*cf.*, *Yano et al.*, 2009; *Delayen and Yano*, 2009]. It is
 1206 therefore tempting to apply the constraint as a dynamical balance condition for studying
 1207 large-scale tropical circulations by analogy with geostrophic balance for mid-latitudes
 1208 [*cf.*, *Yano and Bonazzola*, 2009]. The central importance of this balance is emphasized by
 1209 *Neelin and Held* [1987]. *Fraedrich and McBride* [1989] propose to refer to the balance as a
 1210 “free ride”, whilst *Sobel et al.* [2001] in a different context introduce the name “weak tem-
 1211 perature gradient” (WTG) approximation. The earlier terminology seems more intuitive
 1212 for the purposes of the present discussion and so will be adopted here.

1213 However, the application of the “free ride” balance as a large-scale dynamical constraint
 1214 may not be appropriate if it is simultaneously to be used along with CQE as a param-
 1215 eterization closure. In order to demonstrate this point more explicitly, let us re-derive
 1216 the RCE balance statement of Eq. (4.1) from a more formal statement of convective
 1217 quasi-equilibrium, Eq. (3.6). As noted in section 3.2, the large-scale forcing term, $F_{L,\lambda}$,
 1218 in Eq. (3.6) is dominated by the adiabatic cooling associated with large-scale uplift and
 1219 radiative cooling ($-Q_R$). Thus,

$$1220 \quad F_{L,\lambda} \simeq - \int_0^H \frac{\rho g \hat{w}}{\theta} \left(w \frac{\partial \theta}{\partial z} - Q_R \right) dz \quad (6.1)$$

1221 Here, the vertical integral is taken from the surface, for simplicity, to the top of the con-
 1222 vection, denoted as the height H . The dominant contribution to the convective damping
 1223 term, $D_{c,\lambda}$, is convective heating Q_c that stabilizes the atmosphere. Thus,

$$1224 \quad D_{c,\lambda} \simeq \int_0^H \frac{\rho g \hat{w}}{\theta} Q_c dz \quad (6.2)$$

1225 Substitution of Eqs. (6.1) and (6.2) into Eq. (3.6) leads to

$$1226 \int_0^H \frac{\rho g \hat{w}}{\theta} \left(-w \frac{\partial \theta}{\partial z} + Q_R + Q_c \right) dz = 0.$$

1227 This condition must be satisfied for every vertical profile of convection, $\hat{w} = \hat{w}(z, \lambda)$.

1228 The possible profiles are scarcely an arbitrary set of test functions, but it is nonetheless
 1229 reasonable to suppose that there are a sufficient number of sufficiently distinct profiles
 1230 for the above integral constraint to be satisfied by a vanishing integrand at each vertical
 1231 level. Thus,

$$1232 -w \frac{\partial \theta}{\partial z} + Q_R + Q_c = 0 \quad (6.3)$$

1233 so that the RCE balance of Eq. (4.1) is recovered, a balance that may be considered as
 1234 an approximate simplification of CQE.

1235 The basic idea of a “free ride” is to diagnose the vertical velocity w , given the total
 1236 diabatic heating rate, $Q_R + Q_c$. On the other hand, the idea of applying CQE as a
 1237 parameterization closure is to determine the convective heating rate, Q_c , given the two
 1238 remaining terms in Eq. (6.3). Clearly one cannot use these two ideas at the same time.
 1239 An alternative, and slightly more general way of looking at this issue is therefore to regard
 1240 Eq. (6.3) simply as a balance condition relating the vertical velocity and the convective
 1241 heating rate. The problem is clearly degenerate, just as with geostrophic balance.

6.2. Activation Control

1242 “Activation–control” proposed by *Mapes* [1997] was introduced in section 4.8 as an alter-
 1243 native principle for the control of large–scale variations of deep convection. This principle
 1244 emphasizes, in contrast to CQE (“equilibrium control”), the importance of overcoming
 1245 an energy barrier of CIN. We now discuss the viability of this alternative principle.

1246 We note first of all that the “activation control” idea focuses attention on shorter time–
1247 scale processes than those considered by *Arakawa and Schubert* [1974]. Recall from sec-
1248 tion 3.3 that their CQE hypothesis is formalized by assuming steady–state plumes from
1249 the outset. Under the steady–plume hypothesis, the vertical structure of the plume is as-
1250 sumed to be in equilibrium. By contrast, activation control focuses on an initial transient
1251 stage of convective growth, as a boundary-layer eddy breaks through the local energy
1252 barrier. Whether that short time–scale process has a key importance that needs to be
1253 recognized in the large–scale evolution of convective systems is an open question. The im-
1254 plications from Lighthill’s theorem discussed in section 4.7 remind us that the possibility
1255 cannot easily be excluded.

1256 It is also interesting to note that the concept of activation control implicitly adopts the
1257 perspective of atmospheric convection as consisting of a series of ascending “bubbles”,
1258 rather than as an ensemble of steady plumes as assumed by *Arakawa and Schubert* [1974].
1259 Historically speaking, bubble theory [e.g., *Ludlam and Scorer*, 1953; *Scorer and Ludlam*,
1260 1953; *Levine*, 1959] was seen a strong alternative theory for describing atmospheric con-
1261 vection. The idea was largely abandoned during the 1970s, although strong echoes persist
1262 to this day, most notably in the ongoing debates on entrainment [e.g., *Blyth et al.*, 1988;
1263 *Heus and Jonker*, 2008] and in the usual textbook and lecture–course introductions of
1264 CAPE. *Mapes’s* [1997] arguments on activation control urge us to reconsider seriously the
1265 alternative possibility of bubble theory.

1266 Unfortunately, the distinction is not always clear in *Mapes’s* [1997] article between two
1267 time–scales, that associated with individual convective plumes and that associated with
1268 the *ensemble* of convective plumes. Recall that the latter aspect is prognostically described

1269 by Eqs. (3.3) and (3.8). Issues raised by *Mapes* [1997] in his section 6 are not associated
1270 with lifting parcels, and could be equally well be interpreted in terms of the evolution of
1271 an ensemble of convective plumes as described by the prognostic equations [*cf.*, *Yano and*
1272 *Plant*, 2012a, b]. Note that in this description, CIN enters the problem only as a part of
1273 the vertical integral defining A_λ , and only if the vertical integral includes the boundary
1274 layer (*cf.*, Eq. 3.1). Recall that the lower limit, z_B , of the integral is usually taken at
1275 the cloud base, which is close to the top of the boundary layer [*cf.*, *Romps and Kuang*,
1276 2011]. The issue raised in *Mapes's* [1997] section 6 is that variations in deep convection
1277 occur due to processes that simultaneously increase CAPE and reduce CIN so that it
1278 is ambiguous which controls the variation. An answer is suggested by the prognostic
1279 ensemble equations, Eqs. (3.1), (3.3) and (3.8): the combination that matters is dictated
1280 by a weighting function provided by the vertical plume profile.

1281 Finally, a limit of thinking solely in terms of the CIN barrier should be emphasized. The
1282 barrier is typically expressed in terms of a neutrally–buoyant air parcel artificially lifted
1283 from the middle of a well–mixed boundary layer. The ascending air within a well–mixed
1284 boundary layer is likely to be positively buoyant. Thus when the buoyancy variable to be
1285 integrated over is defined as a weighted average using the vertical velocity of actual local
1286 air parcels, then we no longer see any negatively–buoyant barrier zone, except perhaps for
1287 an inversion layer at the top of the well–mixed layer. The result of such an analysis from
1288 CRM data is shown in Fig. 2 of *Yano* [2003], and Fig. 1 of *Yano* [2011]. Thus, the role of
1289 inhibition control is not as strong as it appears from a simple parcel analysis. This might
1290 also suggest that “activation control” is less important than it at first appears, although
1291 clearly it does not discredit the whole argument. The idea of “activation control” is also

1292 discussed in section 11.2 of *Emanuel* [1994] as a concept of “triggered convection”. Some
1293 dimensional analyses are presented there.

1294 Most importantly, if activation control were to be accepted as a guiding principle, then
1295 a rather drastic modification of the formulation of convection parameterization would be
1296 required. *Mapes* [1997, 1998] does not address such formulation issues. Unfortunately,
1297 subsequent attempts to implement the ideas [*Mapes*, 2000; *Kuang and Bretherton*, 2006;
1298 *Fletcher and Bretherton*, 2010; *Hohenegger and Bretherton*, 2011] have all been made
1299 within a traditional framework that assumes CQE. Thus, they lack in self-consistency,
1300 an issue that is further discussed in *Yano* [2011]. The concept of a trigger function as
1301 described by *Kain and Fritsch* [1992] for example can also be understood as arising from
1302 an activation control perspective [*cf.*, section 6.5].

6.3. Self-organized criticality

1303 The concept of self-organized criticality (SOC) was originally proposed by *Bak et al.*
1304 [1987] to explain $1/f$ -noise behavior in the sand-pile system. The concept refers to a
1305 state of a macroscopic system which is analogous to the critical state of a thermodynamic
1306 system at a phase transition [*cf.*, *Stanley*, 1972; *Yeomans*, 1992]. However, the major
1307 difference from the thermodynamic phase transition is that the system remains at, or
1308 close to, the critical state due to its self-maintaining tendency.

1309 An SOC system remains at a type of *equilibrium* state called “criticality” but this is
1310 due more to the system’s own critical behavior rather than externally-imposed condi-
1311 tions. In other words, it is not the environment that defines the equilibrium, as the
1312 conventional thermodynamic analogy suggests, but rather the internal dynamics. *Bak*
1313 *et al.* [1987] demonstrate their idea by introducing a simple multi-variable dynamical

1314 system that perpetually remains at a marginally unstable state. Common features of the
1315 textbook systems exhibiting SOC [e.g., *Jensen, 1998*] are that the system is slowly-driven
1316 by some external forcing, with threshold behavior of the individual degrees of freedom,
1317 and that there are interactions between those degrees of freedom. Internal interactions
1318 drive the system towards criticality, developing large variability and structures on many
1319 scales without any need for external tuning.

1320 Clearly SOC has a very different emphasis on interactions than the conventional in-
1321 terpretation of CQE, in which the convective plumes do not interact in any direct sense,
1322 only via their influence on the environment. Nonetheless, the system of equations given by
1323 (3.3) and (3.8), if suitably extended to incorporate a spatial aspect and hence a localized
1324 interaction, could be considered as a good starting point for theoretically considering a
1325 similar behavior for convection.

1326 An important ingredient of SOC from a dynamical-systems point of view is its linear
1327 instability around the critical state. A numerical time-integration of a simplified version
1328 of the pair equation, (3.3) and (3.8), by *Wagner* [2010, but see also *Plant and Yano, 2011*]
1329 indeed suggests that this can be the case for a convective system (*cf.*, section 3.4). From
1330 the perspective of the slow manifold and Lighthill’s theorem discussed in section 4.7, the
1331 convective system remains within a “fuzzy” interface zone due to the combination of its
1332 own instability and self-maintaining tendency. In both interpretations, an important con-
1333 tribution from fast convective processes is suggested unlike the conventional interpretation
1334 of CQE.

1335 The state of SOC is often associated with $1/f$ -noise behavior of the frequency spectrum
1336 (*i.e.*, the power spectrum is a power law with an exponent of -1), and thus findings of

1337 $1/f$ -noise behavior [*Yano et al.*, 2000, 2001, 2004] in various tropical time series, including
 1338 CAPE, are suggestive that tropical convection is also at SOC.

1339 Stronger evidence has more recently been found by *Peters and Neelin* [2006, see also
 1340 *Peters et al.*, 2002; *Neelin et al.*, 2008]. The behavior of a system close to a state of
 1341 criticality can be characterized by a power-law relationship

$$1342 \quad P \sim (I - I_c)^\alpha, \quad (6.4)$$

1343 where I is a control variable, I_c the critical point defined in terms of this control variable,
 1344 P a variable that represents self-organized behavior and α is a positive critical exponent
 1345 less than one [*cf.*, Ch. 11, *Stanley*, 1972]. By identifying the column-integrated water
 1346 vapor (CWV) and precipitation rate from satellite retrievals with I and P , respectively,
 1347 they show that tropical convection exhibits such behavior with $\alpha = 0.215$.

1348 However, some subsequent observational analyses and modeling simulations have had
 1349 some difficulties in recovering the same results. *Raymond et al.* [2007, 2009] have pointed
 1350 to qualitatively different behavior characterized by a relation

$$1351 \quad P \sim (I_c - I)^{-1}. \quad (6.5)$$

1352 Other recent analyses include *Holloway and Neelin* [2009, 2010], who investigated ARM
 1353 (Atmospheric Radiation Measurement) data but concluded that it was “impossible to test
 1354 the power-law relationship at high total column water”. A large-domain CRM experiment
 1355 by *Posselt et al.* [2012] produced a scatter plot for precipitation that splits into two
 1356 directions suggestive of the two possibilities in Eqs. (6.4) and (6.5). Global model data
 1357 analysis by *Bechtold* [2009] does show a flattening tendency of the precipitation rate as a
 1358 function of column integrated water for the largest values of column water (his Fig. 17),

1359 as would be expected from Eq. (6.4). However, at lower values, this flattening shape is
1360 preceded by a curve that is well fit by an exponential for precipitation rates varying over
1361 two orders of magnitude.

1362 Note that the singular relationship (6.5) indicates a tendency for stabilization of the
1363 system by a negative feedback: as the column-integrated water (CWV) approaches I_c the
1364 precipitation rate dramatically increases. Such a tendency not only prevents the system
1365 from reaching the critical point, but it tends to stabilize the system by rejecting a highly
1366 moist state. This could be considered a good example of the *convective homeostasis*
1367 discussed in section 4.9, maintaining the stability of the system by self-regulation.

1368 On the other hand, the relationship (6.4) indicates a critical behavior in the system,
1369 with a slower increase of the precipitation rate with increasing column-integrated water
1370 above I_c . As a result, above the critical point, the system will tend to accumulate more
1371 and more moisture into a given atmospheric column under sufficiently strong forcing.
1372 The accumulated column water is lost only gradually by precipitation. Such behavior
1373 is a reflection of the inherent instability of a system under SOC. It may furthermore be
1374 remarked that SOC is potentially important for understanding convective organization
1375 [cf., *Peters et al.*, 2009; *Yano et al.*, 2012a].

1376 As discussed above, an SOC system is inherently unstable at the critical point and will
1377 therefore tend to evolve further away from that point, relative to the departures from
1378 the equilibrium point that might be expected for a thermodynamic system. In the latter
1379 case, one would expect to find a system that stays at its equilibrium point stably for
1380 substantial periods of time. To distinguish the two cases, it is important to study the
1381 frequency of occurrence of CWV. Such an analysis [*Neelin et al.*, 2008, 2009; *Lintner et al.*,

1382 2011] reveals a Gaussian core but with tails that are much longer than would be expected
1383 from a Gaussian, suggesting some occasional, substantial deviations away from the critical
1384 point. Thus the identified critical point cannot be straightforwardly interpreted only in
1385 terms of a standard thermodynamic equilibrium state.

6.4. Activation and SOC: Complementary or contradictory with CQE?

1386 Conceptually both activation control and SOC propose very different principles in com-
1387 parison with CQE as interpreted through a thermodynamic analogy in section 4.2. Both
1388 of these alternative principles emphasize that convective processes are *not* passively de-
1389 fined as an equilibrium dictated by the given large-scale environment, but rather that
1390 they represent their own *autonomous* actions.

1391 The activation-control principle emphasizes the importance of the local threshold: *i.e.*,
1392 the individual air parcel or boundary-layer eddy that triggers a convective element. How-
1393 ever, it emphasizes less *how* an individual convective element modifies its environment,
1394 how such modifications may then affect subsequent triggering and consequently also how
1395 a system comprised of multiple convective elements behaves collectively. *Mapes* [1997]
1396 states that “clearly this situation is hopeless in detail” and so advocates an empirical
1397 approach.

1398 On the other hand, SOC does emphasize the collective behavior of many convective
1399 elements. Individual convective elements are considered more as fluctuations. Details of
1400 their triggering and of their local environmental modifications are not considered to be
1401 important but rather the focus is on the collective behavior that emerges from the general
1402 character of their interactions. An ensemble average of the fluctuations provides crucial
1403 feedbacks to large-scale behavior due to nonlinear interactions between the convective

1404 elements. This is a qualitative difference of a critical phenomenon [*cf.*, *Wilson*, 1983]
1405 from a normal thermodynamic equilibrium. In the latter case, microscopic (convection)
1406 fluctuations may be simply averaged out at the macroscopic scale (large-scale).

1407 Clearly activation control and SOC can be compatible: the former focussing on trig-
1408 gering while neglecting details of how collective behavior arises, while the latter ignores
1409 details of triggering and focuses on collective behavior. However, even if activation-control
1410 and SOC are relevant, then CQE considered as a balance condition, as discussed in sec-
1411 tions 4.6 and 4.7, may nonetheless remain valid. In both of the alternative paradigms,
1412 however, the most serious implication is that fast convective processes have crucial im-
1413 pacts on the evolution of large-scale processes. Indeed SOC suggests that the equilibrium
1414 solution given by Eq. (3.6) would be unstable under linear perturbations. To what extent
1415 do we need to consider explicitly the fast, fluctuating processes? At the time of writing,
1416 it is not immediately clear whether we can still retain the quasi-equilibrium description
1417 as given by Eq. (3.6), or whether we have to move to a more prognostic or stochastic
1418 formulation.

1419 *Neelin et al.* [2008] interprets that SOC can be regarded as an extension of an adjust-
1420 ment interpretation of CQE. In this respect, an important ingredient to be added to CQE
1421 in order to accomodate SOC is the transition to strong precipitating convection [*Neelin*
1422 *et al.*, 2009] above a critical threshold. This perspective is further discussed in section 6.6.

6.5. Phenomenological Limitations

1423 Arguably the concept of CQE has been developed with the tropical atmosphere in
1424 mind, and mainly for maritime situations. In such situations, both temperature and
1425 moisture are relatively-speaking horizontally homogeneous, leading to the “free ride”

1426 principle and an equivalent balance for the moisture (*cf.*, section 6.1). These situations
1427 are consistent with CQE in observational diagnoses [*e.g.*, *Betts, 1986, Donner and Phillips,*
1428 *2003, Holloway and Neelin, 2007, Zhang, 2009*]. However, the situations over land as well
1429 as in midlatitudes are likely to be very different. Both temperature and moisture are much
1430 more horizontally heterogeneous and it is less obvious how and when CQE is supportable
1431 from observational diagnoses [*e.g.*, *Zhang, 2003, Zimmer and Craig, 2011*].

1432 Consider the situation over land in summer in the midlatitudes. The US Great Plains
1433 is perhaps the best studied example of this situation. It is phenomenologically known
1434 that (assuming fine weather) the surface heats up strongly during the day, so that CAPE
1435 becomes large around noon indicating a conditionally highly unstable atmosphere. Thus,
1436 a simple application of CQE would predict the onset of convection well before noon
1437 [*cf.*, *Guichard et al., 2004*]. However, in practice convection is typically triggered in the
1438 late afternoon: thus, an external “triggering” (by either a synoptic or a boundary–layer
1439 process) seems to be required to realize the conditional instability.

1440 A strict CQE hypothesis does not work in this type of situation, and many opera-
1441 tional schemes introduce a trigger condition for just this reason. *Kain and Fritsch* [1992]
1442 demonstrate the sensitivity of mesoscale simulations to the formulation of triggering in
1443 some circumstances. *Sud et al.* [1991] investigate the use in a GCM of critical onset
1444 values of the cloud work function in an adapted form of the *Arakawa and Schubert* [1974]
1445 parameterization. *Rogers and Fritsch* [1996] propose a general framework for trigger func-
1446 tions.

1447 An alternative possibility for taking into account these phenomenological limitations is
1448 to adopt a prognostic energy–cycle description, as an extension of CQE, as discussed in sec-

tion 3.5. This description can provide, at least, a partial answer to a phenomenologically-
 observed delayed onset of convection [*Yano and Plant, 2012a*]. The concept of transition
 to strong convection, to be discussed in the next section, may also be considered as an
 alternative possibility for overcoming phenomenological limitations of CQE.

6.6. Transition to Strong Convection

From a purely phenomenological point of view, probably the most important aspect
 revealed by a series of observational analyses initiated by *Peters and Neelin* [2006], which
 further led to a SOC interpretation as already discussed in section 6.3, is the fact that
 there is a well-defined onset of convection at $I = I_c$, beyond which the major proportion
 of tropical precipitation occurs. The concept of such an onset is something missing, or at
 least implicit, in the original sense of CQE.

Neelin et al. [2008] use the phrase “transition to strong convection” to describe the onset
 and further analyses examining its characteristics are presented by *Holloway and Neelin*
 [2009, 2010], *Neelin et al.* [2009] and *Sahany et al.* [2012]. By focussing on identifying
 the onset and its dependencies, these studies attempt to develop a phenomenological
 theory relatively independent of implications in terms of SOC. Note that the (I, P) space
 description characterizes convection as a function of a state (*i.e.*, column-integrated water
 vapor, or CWV) rather than of forcing (*cf.*, section 3.3).

Neelin et al. [2009] note that the critical behavior represented by Eq. (6.4) for $I > I_c$ can
 be interpreted as a nonlinear extension of a linear relaxation convection scheme originally
 developed by *Betts* [1986]. The scheme by *Betts* [1986] can be recovered as a special case
 of Eq. (6.4) with $\alpha = 1$ and so the transition from strong convection back to the onset

1470 state can be considered as being a natural extension of the adjustment re-interpretation
1471 discussed in section 4.5.

1472 *Neelin et al.* [2009] and *Sahany et al.* [2012] furthermore show that variations in the
1473 onset value, I_c , can be defined to a good approximation as a function of the column-
1474 integrated tropospheric temperature, denoted \hat{T} . Thus, the onset is characterized as a
1475 critical thermodynamic state in terms of both the column-integrated water vapor and
1476 temperature. Intriguingly, their analyses suggest that the onset is independent of the
1477 sea surface temperature (SST), which instead appears to be manifest as a stronger drive
1478 towards onset from below resulting in a frequency distribution of CWV that is shifted
1479 towards the onset boundary.

1480 *Holloway and Neelin* [2009] examine the evolution of the vertical structure of the at-
1481 mosphere associated with transition to convection by constructing various composites,
1482 emphasizing the importance of water vapor in the lower free troposphere. *Holloway and*
1483 *Neelin* [2010] focus more on lag-lead relationships between CWV and precipitation and
1484 so argue that high values of CWV occur primarily as a result of external forcing mechan-
1485 isms rather than as a response to strong convection. *Holloway and Neelin* [2009] and
1486 *Sahany et al.* [2012] furthermore demonstrate that that the onset boundary in (CWV, \hat{T})
1487 space can be approximately reproduced by some relatively simple bulk plume models,
1488 suggesting a link to conditional instability. The main requirement for the plume model is
1489 that it should have sufficiently strong entrainment in the lower free troposphere, so that
1490 the environmental water vapor then plays a sufficiently important role in the calculated
1491 plume buoyancy.

1492 The emphasis on the onset of convection by these authors is, to some extent, reminis-
 1493 cent of points emphasized by the activation control principle [*Mapes, 1997*] discussed in
 1494 section 6.2, and related to the trigger function [*Kain and Fritsch, 1992*] as discussed in the
 1495 last section. On the other hand, there is an importance difference in these recent analyses.
 1496 *Neelin et al.* (2008) emphasize that the concept of transition to strong convection need
 1497 not be distinct from CQE but rather that is closely related to it [*cf.*, section 4.5].

7. CONCLUSIONS

1498 The concept of convective quasi-equilibrium (CQE) originally proposed by *Arakawa*
 1499 *and Schubert* [1974] has multiplied in its interpretations over the years. The purpose
 1500 of the present review has been to provide a coherent picture of the various, sometimes
 1501 competing, interpretations. For this purpose, a possibly-unusual historical-philosophical
 1502 perspective has been taken.

1503 It seems fair to say that the concept of thermodynamic equilibrium was developed from
 1504 a tradition of French authors such as Carnot and Clausius. It is interesting then to note
 1505 that the French word *équilibre* essentially corresponds to both equilibrium and balance
 1506 in English. It may even be something of a historical accident that “*équilibre thermody-*
 1507 *namique*” was translated into English as “thermodynamic equilibrium”. According to the
 1508 Oxford English dictionary, “equilibrium” dates back to 1608 in English, and its earliest
 1509 textual references from around the 1660s onwards are clearly scientific. On the other
 1510 hand, the word “balance” is known in English since the 13th century.

1511 The word equilibrium has a more mystifying power in English than in French, and so
 1512 perhaps does the notion of “convective quasi-equilibrium” (CQE). For this reason, we have
 1513 extensively examined the connotations behind the concept of thermodynamic equilibrium

1514 first. We have also tried to suggest how these connotations have influenced thoughts on
1515 the concept of CQE.

1516 In current English scientific language, the word “balance” is used for dynamical rather
1517 than thermodynamical concepts. We have also reviewed dynamical balance as a counter-
1518 part to thermodynamic equilibrium. The word “balance” is associated with fewer addi-
1519 tional connotations than “equilibrium”. Thus, if CQE had originally been simply coined
1520 as “convective quasi-balance” instead, its interpretation may have been less controversial.

1521 With the given literature, there are two possible ways for interpreting Akio Arakawa’s
1522 original philosophical argument for justifying the CQE hypothesis. First, an unbiased
1523 reading of section 7 of *Arakawa and Schubert* [1974] suggests that they have a thermo-
1524 dynamic analogy with the convective system in mind, an argument developed here in
1525 section 4.2. On the other hand, *Schubert* [2000] re-tells the history of the development of
1526 the CQE concept by Akio Arakawa by analogy with quasi-geostrophic theory. We have
1527 expanded this argument by invoking the concept of slow manifold in section 4.6. Akira
1528 Kasahara [1997, personal communication] also supports the latter view.

1529 CQE is a key concept in order to understand the role of deep moist convection in
1530 the atmosphere. The concept serves a wide range of purposes. It has been used as a
1531 guiding principle to develop almost all convective parameterizations (especially for their
1532 closure) that are used in weather forecasting and climate modeling. More fundamentally,
1533 it also provides a basic theoretical framework in order to understand the role of convection
1534 in large-scale tropical dynamics. Although the concept is frequently invoked, there are
1535 different interpretations that may be relevant for different purposes. Unfortunately, rather

1536 few authors take care to explain their own interpretation before applying the concept, and
1537 as a result there now appears to be some confusion in some quarters.

1538 The present review has attempted to consider the various interpretations of CQE as
1539 systematically as possible, as summarized in Fig. 5. However, because so much has already
1540 been said about CQE, it is fair to acknowledge that only selective materials have been
1541 examined. Our focus has been to examine the existing interpretations under the two basic
1542 interpretations identified above: as a thermodynamic analogy and as a dynamical balance.
1543 We have also remarked that a biological counterpart to quasi-equilibrium, *homeostasis*,
1544 may help our understanding of CQE.

1545 Probably the main issue for CQE interpretations based on the thermodynamic analogy
1546 has been best expressed by *Mapes's* [1997, 1998] criticisms of the assumed causality.
1547 However, if CQE is interpreted as a dynamical balance condition, then no particular
1548 form of the causality has then to be assumed, and such criticisms immediately become
1549 irrelevant. Indeed, our review as a whole suggests that it would be more fruitful to consider
1550 CQE as being primarily a balance condition, with the thermodynamic analogy being a
1551 more specific view that can be useful in particular, more limited situations. The concept
1552 of a slow manifold provides a robust, but as-yet-to-be fully exploited, theoretical basis
1553 for developing CQE theories from a dynamical balance interpretation. *Neelin and Zeng's*
1554 [2000] QTCM may be considered as taking such a first step.

1555 However, various obstacles for further developing CQE theories have also been identi-
1556 fied. The most basic of these is the relationship between CQE and the “free ride” principle
1557 that has been used to constrain large-scale tropical dynamics. By referring to essentially
1558 the same balance as CQE, simultaneous use of these two principles may lead to a tauto-

1559 logical situation in which neither the large-scale circulation nor the convective heating is
1560 predictable.

1561 A potentially serious issue for CQE is the possibility that the atmospheric convective
1562 system is at self-organized criticality (SOC). In contrast with the thermodynamic analogy
1563 for CQE, this would suggest the need for explicit consideration of contributions from fast
1564 convective processes to the large-scale processes. A similar issue may be anticipated
1565 by analogy with the slow manifold, as a consequence of Lighthill's theorem. The latter
1566 theorem might help us to tame the issues arising from the possibility of convective SOC.

1567 In developing this review, it comes as something of a surprise how little observational
1568 verification of CQE has been performed based on the original definition (Eq. 3.6) intro-
1569 duced by *Arakawa and Schubert* [1974]. CQE is based on the idea of posing a balance
1570 condition within an energy cycle description of the convective system. Within this en-
1571 ergy cycle, the cloud work function plays a key role. However, strangely speaking, the
1572 cloud-work function budget equation (3.3) has never been comprehensively investigated,
1573 even for cloud types represented by simple entraining plumes as originally considered by
1574 *Arakawa and Schubert* [1974]. The cloud-work function has rarely been evaluated from
1575 observational data, the main exceptions being *Arakawa and Schubert* [1974], and *Lord*
1576 *and Arakawa* [1980]. Most of the observational analysis is instead for CAPE. Some recent
1577 work, such as that by *Zhang* [2009], has used a diluted parcel buoyancy and so comes closer
1578 to a cloud work function analysis, but dilute CAPE assumes that $\hat{w} = 1$ in Eq. (3.1).
1579 Other recent analyses based on CWV or other proxies may also have a closer link to the
1580 cloud work function, but systematic work function analyses are still awaited. Thus, we

1581 still lack an observationally robust basis to discuss the extent and range of validity of the
1582 originally–formulated quasi–equilibrium hypothesis.

1583 This situation is unfortunate because the range of validity of CQE could in fact be wider
1584 than is generally supposed, and also because alternative paradigms such as activation–
1585 control might be able to be incorporated with a modest generalization of the energy cycle
1586 framework, as suggested in section 6.2. As an intermediate step, PEC (potential energy
1587 convertibility) was proposed by *Yano et al.* [2005] to provide a bulk estimate for the cloud
1588 work function from CRM experiments. Even for the diurnal cycle of US Great Plains, the
1589 cloud work function (as estimated by PEC) may provide a good measure for predicting the
1590 onset of afternoon convective precipitation, as suggested by a good positive correlation of
1591 PEC with the precipitation rate. As remarked in section 6.5, the midlatitude continental
1592 summer situation is often considered to be far from CQE, but to the best of our knowledge
1593 a careful budget analysis in terms of PEC or cloud work function is still to be performed.

1594 There still remain many investigations to be performed at a theoretical level. For
1595 example, it may be revealing to formulate and study possible statements of a variational
1596 principle for the thermodynamic analogy to CQE. The structure and the invertibility of
1597 the \mathcal{K} matrix, and the stability of the equilibrium state would also be valuable subjects
1598 of study. Moreover, although a re–interpretation of CQE as a slow manifold suggests the
1599 applicability of rich resources from dynamical systems thinking, as well as Hamiltonian
1600 dynamics, this simple point is yet to receive full attention.

1601 Studies of atmospheric convection over many years have no doubt greatly enriched both
1602 our understandings and interpretations of convective quasi–equilibrium. Rich satellite
1603 data that has become available over the last decade for convection studies may especially

1604 be highlighted. Not least, this has led to the recent series of papers discussed in sec-
 1605 tion 6.6 through which the concept of the “transition to strong convection” has emerged
 1606 as promising direction.

1607 However, our conceptual understanding of CQE is hardly converged. Our own point of
 1608 view is that *Arakawa and Schubert’s* [1974] equations defining the CQE hypothesis provide
 1609 the basic, and far from exhausted, statement of this fundamental issue. We furthermore
 1610 propose to make it customary to define the meaning of convective quasi-equilibrium in
 1611 a given context whenever the phrase is invoked, because its meaning has so multiplied
 1612 over the years that it can be hard to judge otherwise exactly what some authors mean by
 1613 CQE. We hope that the present review serves as a baseline for clarifying the inter-related
 1614 but diverged meanings used for CQE.

APPENDIX A: CANONICAL ENSEMBLE STATISTICS FOR CONVECTIVE MASS FLUXES

1615 The purpose of this appendix is to provide a simple example to show how a variational
 1616 principle can be applied to an ensemble of convective clouds. Specifically, we use this
 1617 approach to re-derive an expression from *Craig and Cohen* [2006] (their Eq. (7)) for the
 1618 distribution of convective mass fluxes in a equilibrium convective system.

1619 For simplicity, suppose for the moment that each cloud has a discrete value of convective
 1620 mass flux taken from the set $\{m_1, m_2, \dots, \}$ where i is a whole number and $m_i = i\Delta m$.
 1621 The continuous limit of $\Delta m \rightarrow 0+$ will be taken later to establish the final result.

1622 The goal is to determine the most likely number n_i of convective clouds in each state i .
 1623 Taking an analogy with the canonical ensemble in statistical mechanics, we assume that
 1624 both the total number, N , of convective clouds and the total mass flux, M , are known in

1625 the system so that

$$1626 \quad \sum_i n_i = N, \quad (A.1a)$$

$$1627 \quad \sum_i n_i m_i = M. \quad (A.1b)$$

1628 The number of ways of arranging a distribution $\mathbf{n} = \{n_i\}$ is

$$1630 \quad W(\mathbf{n}) = \frac{N!}{n_1! n_2! n_3! \dots} \quad (A.2)$$

1631 and the most likely state is obtained by invoking a variational principle: we maximize W
1632 subject to the constraints of (A.1a, b).

1633 In practice, it is more convenient to consider variations of the entropy-like variable $\ln W$
1634 rather than W itself. The constraints (A.1a, b) are taken into account using Lagrange's
1635 method of undetermined multipliers. Thus, the variational principle may be stated as

$$1636 \quad \delta \{ \ln W + (\alpha - 1) \sum_i n_i - \beta \sum_i n_i m_i \} = 0$$

1637 with $\alpha - 1$ and β being the multipliers. (The -1 included in the first multiplier is purely
1638 for algebraic convenience.) Since the above condition must be satisfied for all the possible
1639 changes of n_i , it is equivalent to

$$1640 \quad \frac{\partial}{\partial n_i} \{ \ln W + (\alpha - 1) \sum_i n_i - \beta \sum_i n_i m_i \} = 0$$

1641 By invoking Stirling's approximation

$$1642 \quad \ln n! \simeq n(\ln n - 1),$$

1643 the above condition reduces to

$$1644 \quad -\ln n_i - \alpha - \beta m_i = 0$$

1645 Thus, the most likely number in the state i is

The multipliers α and β are determined by the constraints (A.1a, b), and the final expression is made simpler by taking the continuous limit to produce

$$n_i = N\beta \exp(-\beta m)\Delta m$$

with $\beta = N/M$.

Note that this simple example does not answer the question of defining the large-scale equilibrium state for grid-box averaged variables. A variational approach could be developed for that aim, but additional constraints would have to be imposed that would account for the interactions between the clouds and the environmental state.

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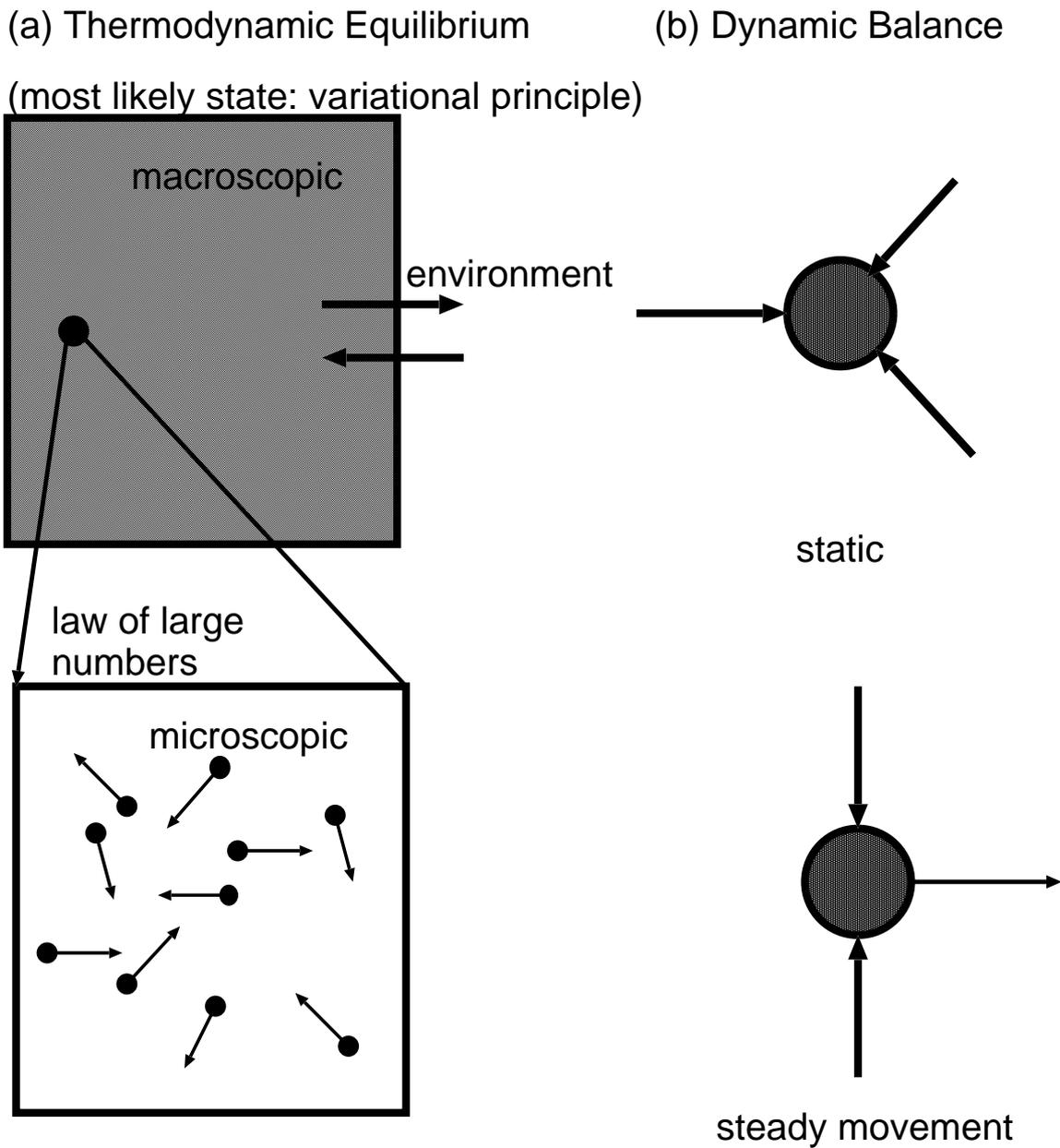


Figure 1. Schematics to illustrate the difference between (a) thermodynamic equilibrium and (b) dynamic balance. Richer implications of thermodynamic equilibrium are seen (a relationship with the environment, between macroscopy and microscopy, and the role of the law of large numbers).

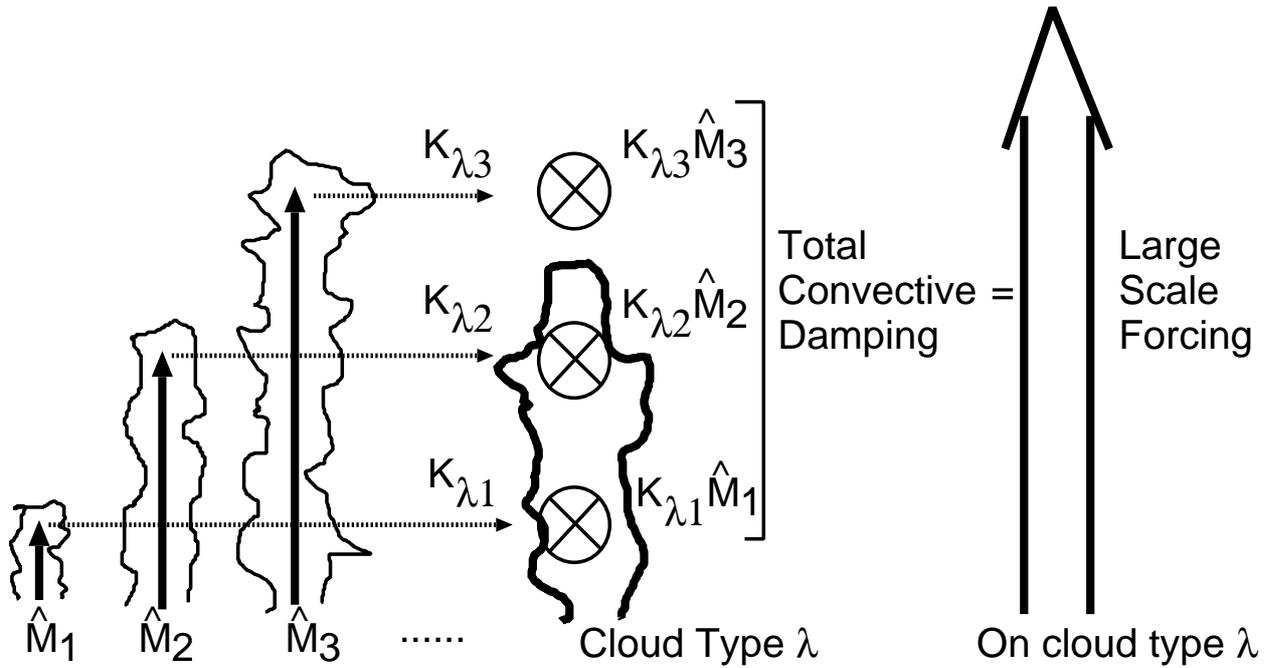


Figure 2. A schematic to illustrate the original concept of convective quasi-equilibrium (CQE) by *Arakawa and Schubert* [1974]. Each convective cloud is characterized by its cloud-base mass flux, $\hat{M}_1, \hat{M}_2, \hat{M}_3, \dots$ (left) and damps the PEC for cloud type λ (center) with a rate $\mathcal{K}_{\lambda 1} \hat{M}_1, \mathcal{K}_{\lambda 2} \hat{M}_2, \mathcal{K}_{\lambda 3} \hat{M}_3, \dots$. CQE is the assumption that the sum (*i.e.*, the total damping rate) balances with the large-scale forcing for each cloud type (right).

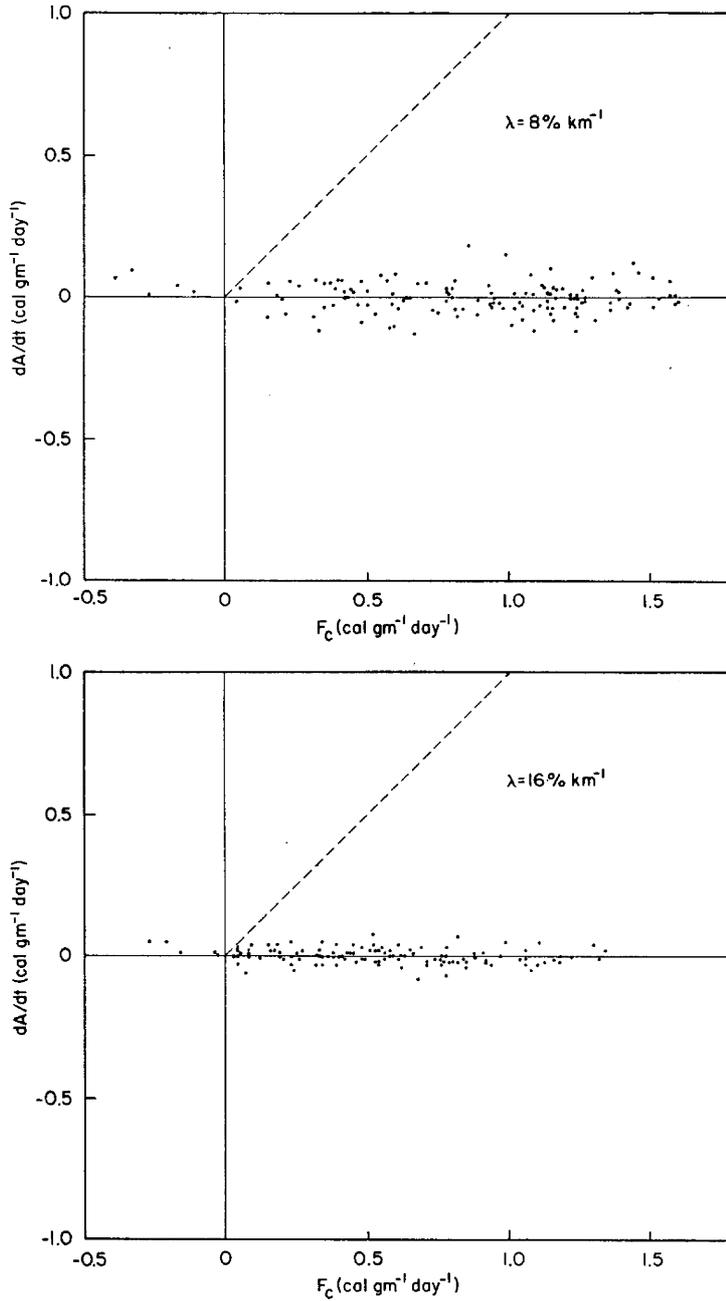


Figure 3. An observational demonstration of convective quasi-equilibrium: the horizontal axis is the large-scale forcing, $F_{L,\lambda}$, and the vertical axis is the rate of change of cloud work function, dA_λ/dt . The top and bottom panels are for entraining plumes with constant fractional entrainment rates of 0.08 km^{-1} and 0.16 km^{-1} respectively. Marshall Islands data provided by Yanai *et al.* [1973] was used. The dashed line corresponds to $dA_\lambda/dt = F_{L,\lambda}$. [Taken from Fig. 13 of Arakawa and Schubert, 1974].

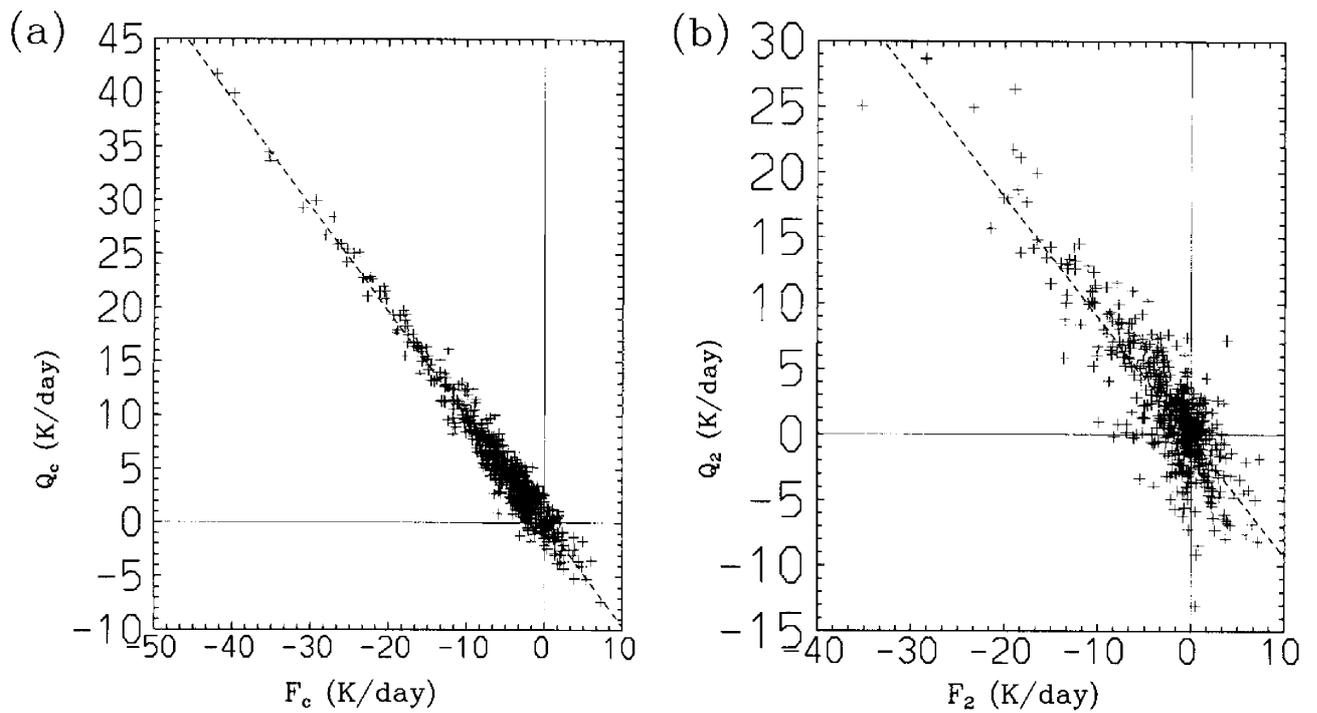


Figure 4. An observational demonstration of the “free ride” principle: for (a) the thermodynamic and (b) the moisture equations. The horizontal axis is the large-scale forcing, and the vertical axis is convective forcing. The values at 500 hPa are shown from the TOGA-COARE IFA (Intensive Flux Array). [Taken from Fig. 1 of *Yano, 2001*].

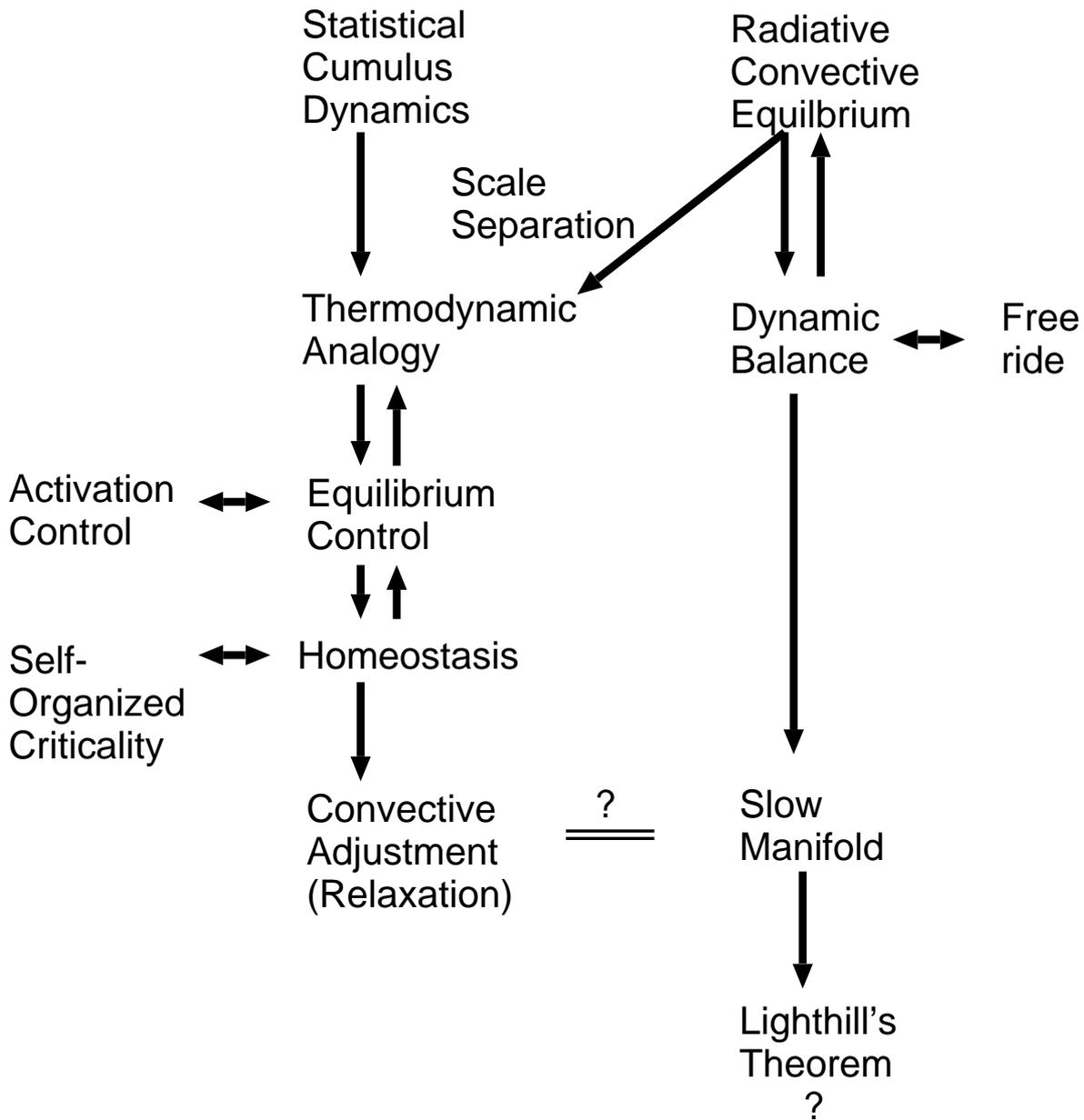


Figure 5. A flowchart for summarizing the links between various concepts discussed in the review. The arrows indicate directions of evolution of the concepts. Where linking arrows are shown in both directions, it suggests that the two concepts are *almost* equivalent. On the other hand, the double arrow suggests two conflicting concepts. The concepts of convective adjustment and the slow manifold are linked by an equal sign with a question mark ($=?$), because they are closely related but clearly not equivalent.